

NEW and EXTRAORDINARY
OBSERVATIONS
CONCERNING THE
PREDICTION of various CRISES
BY THE
PULSE,

Independent of the *Critical Signs*
delivered by the *Ancients*;

Made, First by Dr. DON FRANCISCO
SOLANO DE LUQUE, late of the
City of *Antequera* in *Spain*; And sub-
sequently by several other PHYSICIANS.

Illustrated with Many

New *Cases* and *Remarks*,

To which are added,

Some GENERAL HINTS on the
Nature, the *Ancient Observance*, and *Mo-*
dern Neglect of CRISES,

By JAMES NIELL, M.D.

*Non fingendum aut excogitandum, sed inveniendum,
quid natura faciat aut ferat. Bac. ad Verulam.*

L O N D O N:

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MDCCXLI.

OR REVOLUTIONS

BY THE

PUBLISHED

Independent of the Church
delivered by the Author

MADE FIRST BY DR. DON TRAMER
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New York and Boston

Some of the principal
values the church has
seen in the world

BY JAMES NICHOLLS, M.D.

New York and Boston
and other places

NEW YORK
and other places

T O
Dr. MEAD,
Physician to his Majesty.

S I R,

AS your Sense of the Advantage which may result from the following Observations to *Medicine* and to Mankind, is the
A 2 most

most honourable Encouragement I could have to make them public, so the Weight you here vouchsafe to add to them by the Sanction of your Name, is the most effectual Preparation to an unprejudiced Reception of this Work from the World.

You are sensible, SIR, that the Subject I treat is, perhaps, at first Sight, the most exposed to Objections of any that has been published in the present Age. To call forth from Obscurity the long-neglected and almost

almost forgotten Observance of *Crises*, may be easily misunderstood for an Attempt to revive old exploded Prejudices: To propose New Observations on the Pulse, a Subject which within the Memory of many Physicians yet living, has been clogged beyond all Measure and Comprehension, with a thousand intricate Subtilties, ancient and modern, foreign and domestic, may, not improbably, appear chimerical and absurd: But particularly, to attempt the Prediction of *Crises* by Means

so extraordinary and so
 little thought of as the
 Pulse, may, with a near
 Resemblance to Truth, be
 deemed an affected Singu-
 larity, and an arbitrary
 Hypothesis. Such is the
 hazardous Enterprize of an
 Author, whose principal
 Subject is blended with
 Matters long fallen into
 Discredit! These, on the
 very first Mention, occur
 to the Mind under the
 contemptible Idea of stale
 Errors, cast a disadvanta-
 geous Shade on the rest of
 the Subject, and involve
 the Whole in one common
 Charge

Charge of Insignificancy.
 A Prejudice of this kind
 generally precludes any far-
 ther Examination of the Au-
 thor's Design or Perform-
 ance, and damns the Work
 yet unread to Neglect and
 Oblivion.

Under these and other
 like Difficulties would the
 following Observations pro-
 bably sink on their first Ap-
 pearance, did not an Au-
 thority so much respected
 in *Medicine* as yours, recal
 the hasty Critic to a cooler
 Thought, and bespeak his
 Attention to the *Facts* I
 propose.

A Work judged both new, and of useful Tendency, by a Person of your eminent Erudition, and long Experience, immediately acquires an Air of Importance superior to any preconceived Opinion of Weakness, and becomes the Object of the most serious Reflection. It is therefore no Compliment to acknowledge, that whatever public Advantage may accrue from this Work, will be in a great measure due to your Influence.

Thus,

Thus, having yourself cultivated the *Art of Healing* with an allowed happy Success, you make, by encouraging its Improvement in others, the noblest Use of the great Reputation you have obtained.

Give me Leave, S I R, to assure you, that I am with all the Respect due to so valuable a Character,

S I R,

Your most humble, and

Most obedient Servant,

JAMES NIHELL.

Thus, having yourself
cultivated the art of
living with an allowed happy
success, you make, by en-
couraging its improvement
in others, the noblest use
of the great reputation
you have obtained.

Give me leave, Sir, to
assure you, that I am with
all the respect due to so
valuable a Character,

Your most humble, and

Most obedient Servant,

JAMES NICHOL.

T H E
P R E F A C E.

THE Stress of the following Work principally lies in two Points, viz. In the Novelty, and in the Truth, of the *Facts* it contains. That the *Facts* are both New and Extraordinary, will be readily acknowledged by every Reader who is acquainted with what has hitherto been written on the Pulse, with respect to *Crises*. I shall therefore lose no Time in proving what, I am certain, will not, on the Perusal of this Work, be denied. But the other Point, I mean the Truth of the *Facts*, is of a more delicate and doubtful Nature, exposed to jealous Suspicion,

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cion, which ever grows upon the Mind, in proportion as the Subject is new and surprising. Here then it may be reasonably expected in its greatest Degree of Wariness. Histories of *Crises* by Sweat, Diarrhœa's, and Hemorrhages, prognosticated merely by the Pulse, some three, some four Days before they happened, if unsupported by collateral Proofs, must look like fabulous Inventions, or delusive Tales of Inchantment. To remove so natural and so just Apprehensions of an Imposition in a Case of this Nature, it becomes necessary to let the World know, under what Authority and Sanction the *Facts* which make the Bulk of this Work, are offered to the Public: And this will best appear by the following Narration.

In the Year 1737, a Work written in *Spanish* by Dr. *Don Francisco Solano de Luque*, concerning the *Prediction*

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diſtion of Crifes by the Pulse, under the Title of *Lapis Lydius Apollinis*, was put into my Hands by *Don Pedro Roxo*, honorary Member of the Medical Academy of *Madrid*, and Phyſician to the Hoſpital of *San Juan de Dios* in *Cadiz*, as I then was to the *Britiſh* Factory of the ſame City. He told me he had ſome Experience of the Truth of *Dr. Solano's* Diſcovery, and complained of the ſupine Indolence of his Countrymen, who totally neglected a Matter of ſo great Importance, ſo new, and ſo ſtrongly ſupported by *Facts*, as that which the Doctor propoſed ſeemed to be.

Struck with the Newneſs and Moment of the Subject, I read the Book with uncommon Diligence. The Doctor's Obſervations extremely ſurprized me, and appeared to me ſuch as my Friend had repreſented them. I found the whole Matter propoſed with the greateſt Candor, the new
Critical

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Critical Signs described without Reserve, the Connexion between each of these and its respective Crisis established by *Facts*, and the *Facts* themselves supported by the Testimony of the most dignified Persons of the City in which they happened, particularly of the Physicians, the Doctor's Rivals in Practice, who could not possibly be suspected of a Collusion in his favour, I say an unnatural Collusion to raise his Character and Interest, in Detriment of their own, by *public Falshood and Imposture*. The Doctor having in this manner enabled his Readers to examine into the Truth of the *Facts* he alleged, and to bring the Matter to the Test of their own Experience, earnestly invited them to both the one and the other of these Trials. It was neither to be imagined, that so many Witnesses of all Ranks as the Doctor named, could be imposed on in *plain Matters of Fact*, nor on the other hand, that he durst publicly

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publicly abuse their Authority to cloak a notorious Piece of Forgery. Thus did Dr. *Solano's* Observations appear vested with all the Circumstances of *Candor*, and *public Sanction*, that could be wished for. However, to prevent the least Doubt in a Matter of so great Importance, I determined to go to *Antequera*, which was but three Days Journey distant from *Cadiz*, to examine into the Truth of the Doctor's Facts, and, if they were such as he represented them, to acquire, under him, a thorough Experience in his new Art of prognosticating *Crises*. He received me with great Humanity, and procured me all the Opportunities I could desire of a free impartial Inquiry into his past Observations, and of seeing such as occurred during my Stay in *Antequera*, which was the Space of two Months. In this Time I frequently conversed with a great Variety of Persons, whom he had named in his Book, as *Witnesses to his Facts*:

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Facts: Among these were several Men of distinguished Rank and Character, who all, without Exception, confirmed the Cases in which they were mentioned ; are for the greater Part yet living, and ready to attest them. This general and uniform Concurrence of all Sets of People, particularly of the Physicians, in Testimony of Dr. *Solano's Facts*, (a Matter in which there could be no Illusion) is the highest Degree of Authority and Sanction, which the Nature of such Things admits, and will appear a convincing Evidence on reading several of his Observations in the following Sheets.

Should any additional Circumstances of Credibility be required, they will be found in *like Facts* observed by other Physicians, besides myself since Dr. *Solano's* Observations, nay by some Persons of his Acquaintance, who, tho' Strangers to
Me-

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Medicine, acquired, from the *Lapis Lydius* above-mentioned, a sufficient Knowledge of this Matter, to make some successful Observations, as will appear by the Sequel of this Work, *Part I. Sect. II. Ch. 3. Obs. 6.* I was personally acquainted with most of the Gentlemen here hinted at, and am confident they had no Interest in imposing false Facts on the World; nay, I dare be positive, that no Motive was sufficient to betray such of them, as I was intimate with, into so base an Imposition. Some I knew who, blindly prejudiced against Dr. *Solano's* Observations, overlooked even such Facts as occurred to themselves in this way, until they were by the Evidence of some Cases shamed out of their Neglect, and at last gained over by mere Dint of Experience. I make no particular mention of myself, but leave the Reader to judge of my Sincerity, from the Manner in which I treat the whole Subject, because I am conscious

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this

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this alone can, and will be the Rule of his Judgment with respect to me.

Tho' the *Fact*s just mentioned, I mean such as are posterior to Dr. Solano's Observations, will be found convincing beyond all the Power of Prejudice and Cavil, yet they afford less Pleasure and Surprize than such as have been accidentally observed before him, when there was not the least Surmise of this Matter, no Byass from Novelty on the Imagination; and consequently, when the *Fact*s, by the mere Strength of their own Evidence, must have broken forth through the Prejudices of the Times, and the Inadvertency of the Observers. It is easily conceived, how few Observations of this Character are to be expected: Providence has however been pleased to preserve an *extraordinary* one in the Writings of *Prosper Alpinus*; a *Fact* which since this Author's Time has remained on the Records of *Medicine* a dark impe-

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impenetrable Mystery to the *whole Faculty*; but is now cleared up by the Light it receives from Dr. *Solano's* Observations, and becomes a manifest Proof in favour of them, as will be seen at the Conclusion of this Work. The Observation of *Prosper Alpinus* is not the only one of this Kind: *Wierus* furnishes another, which shall be related in the Place last-mentioned.

Such is the Evidence by which the *Facts* offered to the Public in this Work are supported; and surely so many and so strong Proofs have seldom concurred in favour of any Observations hitherto published in Medicine!

Dr. *Solano*, besides his *Facts*, communicated to the World a *Set of Rules*, for the Prognostication of *Crises* by the Pulse, Rules which he deduced from a long Series of Observation on this Matter: But they are to be con-
a 2 sidered

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sidered in a Light very different from *the Facts*. Nothing is more common than mistaken Inferences from undeniable *Data*; this kind of Error the Doctor has fallen into by straining the Matter, and making his Rules *too absolute and extensive*, as I shew from my own Experience in the second Part of this Work, and as every judicious Physician will immediately perceive by the Doctor's first general Proposition concerning the *Intermitting Pulse*. However, such a Mistake was particularly excusable in the Doctor, whose Erudition in *Medicine*, and Knowledge of Natural Philosophy, was, according to the unhappy State of Learning in his Country, too weak to counterbalance the deep and overbearing Impressions, which *a great Number of new and extraordinary Facts* had made on his Imagination. This Hint I thought necessary, to obviate any premature

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mature Exceptions against the Work in general, on account of some palpable Errors which occur in the Doctor's Rules for the Prognostication of *Crises*; and hope the Reader will be pleased to suspend his Judgment on this Head, until he has seen the Light in which I place this Matter in the Second Part of the Work, the rather because he cannot be a competent Judge of the Case, before he has read the *Facts*.

As the Death of my Friend Dr. *Roxo*, who allowed me an entire Liberty of making what Remarks I pleased in the Hospital of *San Juan de Dios* of *Cadiz*, and my travelling soon after, together with some other Avocations, have for these two Years last past prevented any farther Pursuit of my Observations in the *Solanian* way, I would have deferred publishing them until they became more decisive, did not the following Circumstances

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stances forbid the Delay. The First is the little Advantage to be expected from what Dr. *Solano* has published on this Matter in his *Lapis Lydius*, a large and tedious *Folio*, in which the principal Subject is choaked up with an immense Number of foreign Digressions, Dissertations and Harangues, jumbled into a perplexed Labyrinth of Reasoning and Facts: for the Doctor, though a diligent Observer, was by the Misfortune of his Education, in the common way of his Country, an absolute Stanger to methodical Writing *. The second Circumstance is the Doctor's Death, which happened soon after my Departure from *Antequera*, while he was, by my Persua-

* There was indeed in the Year 1737, an Abridgment of the *Lapis Lydius* published in a large 12mo. with the Doctor's Consent, by Dr. *Don Manuel Gutierrez de los Rios*; but the injudicious Editor still transcribed from the Original as much of the above-mentioned *Farrago* as could be stuffed into so small a Volume with a thousand additional Impertinences from the *Helmontian* Philosophy.

sion,

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sion, preparing a correct and succinct Edition of his *Observations*, which, with several excellent *Facts* newly observed both by him and others, was then lost. The Third is the indolent Neglect of the *Spanish* Physicians, who, though spirited by my Journey to *Antequera* into a successful Application to Dr. *Solano's* Discovery, abandoned it (as soon as he expired, and the Spur of Emulation was no longer applied) without affording the least Hope of any farther Assistance from them. Thus does the whole Weight of this important Affair entirely devolve on me. Uncertain of my own Fate, I thought it imprudent to delay the Publication of what I have preserved on this Matter, under the doubtful Hope of giving hereafter more complete Observations than those which I have already made, the more because I am convinced from the Extent and Variety of the Subject, and from the Difficulties which in the present State of Prac-

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tice obstruct *a nice and exquisite Observation*, that this Matter is greatly superior to the Diligence of any one Man. I therefore call in Time for the Assistance of my Brother Physicians in this Pursuit: 'Tis true, I call them to a laborious Task, and to a minute Inquiry into Things; but then they are *British* Physicians, whose happy Application to the Improvement of their Art is well known over all *Europe*.

To render the Examination of this Matter more easy to the Curious, I begin the following Work with a minute Description of all the Circumstances hitherto observed concerning Dr. *Solano's* Critical Pulses, and of all the Circumstances of the *Crises* thereby signified: Next, I proceed to the *particular Matters of Fact*, by which the Reality of the Doctor's Observations is ascertained: And thus in the First Part of the Work I propose the whole Matter just in the State
in

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in which I found it when I began my own Observations.

The Second Part contains, my own Observations, and those communicated to me by my Friends, all faithfully related, with such Corrections and Remarks as appeared necessary, on Dr. *Solano's* Rules for the Prognostication of *Crises*, on the *Matters of Fact* hitherto observed, and on the Tendency and Use of the Whole.

Should the Reader observe any little Inaccuracies in the *Facts* related from others, he will be pleased to consider, that I at first collected them for my own private Improvement, without any Design of publishing them, because I had engaged Dr. *Solano* to give a new and correct Edition of Observations on this Subject. After the Doctor's Death, the only proper Information I could receive was from
his

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his Manuscript, which, tho' I offered to buy it, was refused me. However, the Inaccuracies here hinted at are not of any great Moment.

As much as the Number of Observations I thought necessary to produce in Proof of a Matter equally *new and surprising*, would permit, I have avoided a *Sameness* in the Facts; and have therefore singled out from all those I have in my Papers, such as bear the least Resemblance to each other in their particular Circumstances: But notwithstanding all my Care, this Inconveniency could not be entirely avoided in forty-six Observations on the same general Subject; and the Reader is not to require, in a Work of *severe Truth*, the Charms of that luxuriant Variety, which the unrestrained Freedom of Fiction admits.

Some Readers may expect I should in this Work take Notice of the so much
vaunted

P R E F A C E. xxvii

vaunted *Art of Pulse-feeling* among the *Chinese* : But, notwithstanding the wonderful Tales that are written and told of these famed *Asiatics*, and the painful Efforts of a Modern Author to explain and support them *, whoever is pleased to peruse what is published on this Subject from the best original Writings of the *Chinese* Physicians, in *Pere du Halde's* late History of *China*, will readily forgive the Omission of such impertinent Trifles, and gross Absurdities, as are there related.

For the Satisfaction of such as may, from the present State of Practice, be apt to take Exceptions to the Observance of *Crises* on any Terms, I have added a particular Chapter on this Subject, which I hope the Reader will peruse before he forms any absolute Judgment of the following Work

* In the *Physician's Pulse-watch*.

from

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from the common prevailing Notions of *Crises*. I dare promise him, he will find this and the rest of the Subject treated with all the Impartiality, Brevity, and Reservedness in Reasoning, which becomes an Author equally diffident of his own private Judgment, and sensible of the Respect due to the Public.

N. B. The Author will be obliged to such Physicians who shall be pleased to communicate to him any material *Facts* relative to the present Work: They are to be adressed for the Author, to the *Grecian Coffee-house* in *Devereux-Court, London*. The same Justice shall be done him, as he now sees observed in favour of the following Gentlemen.

A LIST

*A LIST of the Physicians
who have confirmed and
illustrated Dr. Solano's
Observations from their
own Experience.*

*Don Francisco Thomas de Zayas, late
Honorary Physician to his Ca-
tholic Majesty's Royal Family,*

Don Antonio Alvarez,

Don Miguel de Porras,

Don Joseph Vincente Gomez,

All four Physicians of Antequera.

*Don Francisco Garcia, Mallen de
Navarrete, late Physician to the
Chapter of the Cathedral of Cadix.*

*Don Pedro Roxo, late of Cadix, Physi-
cian to the Hospital of San Juan
de Dios of the same City, and
Honorary Member of the Medical
Academy of Madrid.*

Don Raphael de Fuentes,

Don Nicolas Rexano,

Physicians at Malaga.

Don

Don Pedro Castan, Physician at *Casa Vermeja*.

N. N. Physician at *Loxa*, whose Name I do not call to Memory.

Don Christoval Solano de Luque, Son to *Dr. Solano*, and Student in Physic.

Don Juan de Pedraza y Castilla, Bachelor in Philosophy and Medicine.

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An Additional Chapter is added, giving a short Account of the first Rise of Dr. Solano's Observations.

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To

TO THE
READER.

*I*N looking over some of my Papers,
I have found a Thermometrical
Journal, which I kept in Cadiz, and
thought it might be of some Amusement
or Use to set down here the various Suc-
cession of Heat and Cold observed in that
City round the whole Year, the rather
because the Thermometers I made use of
were those of Fharenheit, so equal to
each other, and so common, that Experi-
ments made therewith may be reduced
to a general Standard, and compared
to each other with tolerable Ease and
Accuracy.

[b 2]

These

To the READER.

These Observations were made in the Shade of a Room neither much exposed to, nor remote from the Influence of the Sun, and therefore they mark the natural Temperature of the Air which the Inhabitants of Cadiz generally breathe in their Houses; and it is to be observed, to avoid any mistaken Applications to other Places, that the Air of Cadiz is, both in Winter and Summer, perhaps the most temperate of any City in Andalusia.

According to the most exact Observations I could make for the Space of three Years, in the Circumstances just now mentioned, the Heat and Cold in the Circle of the Year ran between the Degrees 49 and 81, the two Extremes, the first of Cold, and the last of Heat.

From the End of November to the Month of April, the Thermometer seldom rose above the 60th Degree.

In

TO THE READER.

In December, January and February it generally kept under 56.

From the End of March to near the Middle of June it commonly marked between 60 and 70.

From about the Middle of June to near the End of September it generally stood between 70 and 76; from 72 to 75 was the common Standard: It seldom sunk to 70, or rose to 78; tho' on the Difference of Winds I have once observed it to sink in August to 64, and rise to 81, the greatest Extremes I have observed there in the Summer Season.

From the Shade in my Room to the Shade in the hot open Air, I have observed the Difference to be about 4 and 6 Degrees.

From the full Heat of the Sun in July to the cool open Air the Night following, 15 Degrees.

From

TO the READER.

From about the End of September to the End of October it generally stood between 70 and 60, and in November between 66 and 58.

In the Circumstances above-mentioned, and in the common Course of the Weather, I could scarce observe any Difference between the Heat of the Day and that of the Night.

E R R A T A.

P. 31. l. 21. read Substraction. P. 44. l. ult. for p. 6. read p. 7. P. 47. l. 18. for Signs, a Saburra, read Signs of a Saburra. P. 84. l. 11. for and consequently is more prudent to prevent which, read and consequently which is more, &c. P. 122. l. 6. for this Side was last then, read this last Side was then. P. 143. read He remarked. P. 152. l. 23. after the Word Pulse, add in other Respects.

Sed

Let of each figure of the number 1000
be written in the margin of the page
and the number 1000 be written in the
margin of the page. The number 1000
be written in the margin of the page.

*Sed et accuratissimè est observandus Pulsus ;
quatenùs est Index Materiæ Morbosæ mo-
vendæ, motæ, Excretioni paratæ, et jam
incipientis secerni : nam ibi demonstrat
egregiè Tempus agendo aptum præter cæ-
tera.*

BOERHAAVE Inst. N^o. 970.

SECTION I.

*New Signs and Rules for the
Prognostication of several
Crises by the Pulse, ac-
cording to DOCTOR DON
FRANCISCO SOLANO DE
LUQUE.*

CHAPTER I.

*The Signs and Rules for a Critical
Hemorrhage by the Nose.*

I.

THE *Pulsus Dicrotus* of the Ancients, which in *English* may be properly called the *Rebounding Pulse*, is a certain Sign of a future Critical Hemorrhage by the Nose *.

II. When

* It may not be improper to observe here, that the nearest Hint to this Proposition I have ever met with, is the following Passage in Sir *John Floyer's Pulse-watch*, Vol. I. p. 138. An *undose* Pulse with a *Vibration*, is a Sign of the *Menstrua*, or some Hemorrhages by the Nose, Belly, Hemorrhoids, &c. A Passage which, with a thousand others, he has probably taken from *Galen*; but how really distant he is from any Notion of what is here insisted on by Dr. *Solano*, plainly appears from his absolute Silence on Hemor-
rhages

II.

When the *Rebounding Pulse* appears at or about every thirtieth Pulsation, the Hemorrhage commonly follows in four Days after, somewhat sooner or later; when it recurs at every sixteenth Pulsation, the Hemorrhage supervenes in three Days; when it is observed at every eighth Pulsation, the Hemorrhage is to ensue in two Days, or in two Days and a half: Lastly, when it returns at every fourth, third, second Pulsation, or is continual, the Hemorrhage is to be expected within the Space of 24 Hours. Therefore, in general, the shorter the Periods of Pulsation, at which the *Rebounding* recurs, the nearer the Hemorrhage.

III.

Sometimes Nature runs regularly thorough all the fore-mentioned Progressions of the Critical Pulse, from its first Appearance at every thirtieth down to every single Pulsation, by which the Hemorrhage is foreseen gradually approaching just in the same Degrees: She sometimes inordinately hastens or delays the Hemorrhage, and then the *Rebounding* of the Pulse recurs with more or

rhages under the *Pulsus Dicrotus*, p. 140. Nay from his own unintelligible Description of the Vibrating Pulse, p. 50. *A Vibrating Pulse is compared to the Motion of a Dart, and is caused by a vehement Contraction of the Heart, which makes the Pulse greater.* How dark! how remote is this from any Idea of the *Rebounding Pulse*!

less

less Frequency in the same Proportion; and when this returns in variable shifting Periods, the Time at which the Hemorrhage is to happen cannot be exactly determined.

Nota, What has been observed of the *Rebounding Pulse* in the two last Articles, with respect to the various Periods of Pulsation at which it recurs, and of the Distance or the Proximity of the Crisis thereby signified, is to be understood of the other Critical Pulses to be mentioned hereafter, without any farther Remark on this Head, under each of these Pulses in particular.

IV.

When the Artery *rebounds* upon the Finger with great Celerity, and very briskly follows the first Stroke, the Hemorrhage is just at hand; and if then it should delay a little, it will appear on the Patient's blowing his Nose.

V.

The Quantity of the Hemorrhage is foreseen by the Vigour with which the Artery *rebounds*, compared exactly to the Force of the first Stroke, be this either vehement or languid: Thus, when the Artery *rebounds* with less Moment than the first Stroke has impressed on the Finger, then is the Hemorrhage to be small, and *vice versa*. But

when the *Rebounding* of the Artery and the first Stroke are of equal Vigour, the Hemorrhage is to be moderate.

VI.

According as the Blood flows, the *Rebounding* of the Artery slackens, gradually, until it entirely disappears soon after the Crisis; and this gradual Remission of the *Rebounding* is the Sign of an immediately preceding Hemorrhage. This Remark is also to be applied, *mutatis mutandis*, to the Pulses, which denote other Crises.

VII.

If after the Hemorrhage the *Rebounding Pulse* should continue or appear again, it denotes another Crisis of the same kind, according to the above-mentioned Rules. This also is to be applied to the other Critical Pulses.

VIII.

When the *Rebounding* of the Artery is more evident in one Wrist than in the other, the Blood frequently flows in greater Abundance from the Nostril of the same Side, in which the *Rebounding* is more evident.

CHAP. II.

The Signs and Rules for the Prognostication of a Critical Diarrhœa, and a conjoint Crisis by Vomiting, or by Urine.

I.

THE *Intermitting Pulse* is a certain Sign of a future Critical *Diarrhœa*, and becomes a mortal one then only, when the Strength requisite to perform the Crisis fails*.

II.

The Length of Time spent in the *Intermission* denotes the Quantity of Matter which is to flow by the *Diarrhœa*, or the Number of Stools. An *Intermission* which lasts for the Space of one *Diastole*, or in which one *Diastole* alone is missing, points out a small Evacuation, or few Stools; that which takes up the Space of two *Diastoles*, signifies an abundant Evacuation, or many Stools; and lastly, that which takes up the Time of two *Diastoles* and a half, (the longest *Intermission* Dr. Solano has observed) denotes a very abundant Evacuation, or a great Number of Stools.

* This too general Proposition shall be confined to its proper Limits in the 2d Part of this Work.

Nota, As the various Frequency of the Pulse in different Persons, and in the same Person at different Times, allows no fixed Measure of Interval between each Pulsation; it is to be presumed, that Dr. Solano, tho' he never gave any Explanation of this Matter, understood, in the preceding Article, that Measure or Proportion of Interval, which the regular Pulsations between the *Intermissions* bear the one to the other in every Patient.

III.

A Tension of the Artery, joined to the *Intermitting Pulse*, is a certain Sign of a Critical Vomiting superadded to the *Diarrhæa*.

IV.

A greater or less Tension of the Artery denotes a greater or less Evacuation by Vomiting, more or fewer Efforts to vomit. The Length of the *Intermission* simply relates to the Quantity of the conjoint *Diarrhæa*, or to the Number of Stools.

V.

The Doctor has never observed a simple Crisis by Vomiting without a *Diarrhæa*, or consequently whether such a Crisis has any particular Sign unknown to the Ancients.

VI. A

VI.

A Softness of the Artery joined with the *Intermission*, is a certain Sign of a Crisis by Urine with the *Diarrhæa*; and the greater or less Quantity of *Excretion* by Urine, is denoted by a greater or less Degree of Softness in the Artery.

VII.

Dr. *Solano* has not observed a simple Crisis by Urine, without the Complication of a *Diarrhæa* in some Degree, and was not acquainted with any new Sign of such a Crisis.

C H A P. III.

Signs and Rules for the Prognostication of a Critical Sweat.

I.

AS the Pulse which denotes a future Critical Sweat has not been hitherto sufficiently known and characterized, it is necessary to give a particular Description of it.

II.

It is a Species of the unequal Pulse, which in one, two, three, or four consequent Pulsations, *rises* in Height and Vigour above the other *Diastoles*.

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III. When

III.

When this *Rising* of the Pulse recurs in one Pulsation only, it is difficult to be known, and scarce indicates a Critical Sweat, unless the Artery after the first Impression on the Finger sensibly urges forward, and strikes deep into the Flesh; then it signifies a Critical Sweat in a few Hours at farthest.

IV.

But to constitute the Doctor's new-discovered Pulse for a Critical Sweat, *two, three, or four consequent Pulsations must rise not only above the rest, but also gradually, as they proceed, above each other, the second above the first, and so on.* Four consequent Pulsations of this kind is the most Dr. Solano has observed. He called this Pulse the *Pulsus Inciduus*, from its Analogy to a Pulse so named in *Heredia*, and may in *English* be termed the *Unequal Rising Pulse*, tho' I shall call it by the Name the Doctor was pleased to give it.

V.

This Pulse the Author has always found soft, except once, when it appeared hard before a Critical *Jaundice**; and this Motion towards the Surface of the Body is the only one distinct from Sweat, which Dr. Solano has observed consequent to the *Pulsus Inciduus*.

* See Sect. II. Ch. IV,

VI.

The *Pulsus Inciduus*, with a Softness in the Artery, is a certain Sign of a future Critical Sweat.

VII.

The Quantity of the ensuing Sweat is in a compound *Ratio* of the Number and Vigour of the *rising* Strokes in the *Pulsus Inciduus*: Thus four consecutive strong Pulsations of this kind denote a very copious Sweat; two with the same Circumstance of Vigour, a moderate one, and three with the like Force an abundant one. The other Combinations are equally obvious.

C H A P. IV.

Some general Remarks on the above-mentioned Signs and CRISES.

I.

DOCTOR *Solano* does not pretend, that all these *Crises* are constantly preceded by the Signs above-mentioned, because he has observed some without any such previous Signs: But Cases of this kind, he says, are few, except the Sweats which terminate the particular

particular Fits of Intermitting Fevers, which the *Pulsus Inciduus* does not commonly precede. He merely asserts, that when these Signs appear, the *Crises* which they denote regularly follow; insomuch that from the Year 1707 or 1708, in which he first observed the Connexion of these Pulses with their *Crises*, to the Year 1738, he remembered only three Cases in which the *Crises* signified by the Pulse failed answering his Expectation. Two of these Cases indicated bleeding at the Nose: At the Time this failed in the one, a Pain or Heaviness supervened in the Forehead, and the next Day succeeded a *Delirium*, which lasted above a Month; however, the Patient recovered. The other, more unfortunate, was, on the Failure of the Hemorrhage, afflicted with a Pain in his Left Temple, and died in seven Days after, evacuating a great Quantity of purulent Matter by the Nose. The third Case denoted a *Diarrhœa*, the Failure of which was attended with a violent Gripping, Hiccup and Vomiting, whereof the Patient died in four Days.

II.

Nature sometimes substitutes a new Crisis to that which was first denoted by the Pulse, and then the preceding Sign is changed into that which belongs to the succedaneous Crisis.

III. Some-

III.

Sometimes while the first Sign observed in the Pulse subsists, a second, nay a third supervenes, and they continue together; then the two or three *Crises* thereby specified follow each according to the Rules above-mentioned.

IV.

Doctor *Solano* has found by frequent Observation, that when the Blood in the Hemorrhage of the Nose is of a pale-red Colour, and small in Quantity, the Patients recover slowly, and very slowly when with the same Colour the Hemorrhage is abundant.

V.

The Success of the *Crises* indicated by the Pulse, and the determined Hour in which they are to happen, with some concomitant Circumstances, can be foretold with a tolerable Certainty. But as what Dr. *Solano* has thereon is derived from the Ancients, I pass it over in Silence.

Nota, Dr. *Solano* seems here to neglect that Circumstance of the Success of *Crises*, which consists in the Quantity of the Critical Evacuation so much taken Notice of by the Ancients.

VI. The

VI.

The Doctor has constantly observed, that all such *Crises* as were analogous to the Nature of the Distemper, according to the Rules delivered on this Head by the Ancients, proved favourable, except the Strength necessary to perform and undergo the Crisis was wanting.

VII.

Under an extreme Weakness the Patient may die before the Crisis can be performed; and such a Case, if it should happen, cannot affect the Truth of the Doctor's Observations.

Such are the Rules for the Prognostication of *Crises* by the Pulse, deduced by Dr. Solano from a long Course of Observation. That he was really supported therein by a great Number of authentic and extraordinary Facts, will appear beyond all Doubt in the following Pages. But, convinced from my own Experience that his Inferences are too large and extensive, I deliver this System of Prognostication merely as an Historian, that it may plainly appear hereafter how far the Doctor has succeeded, and how far he has been mistaken. However, it must be acknowledged, he practised in Places where a temperate Diet, an uniform Course of Life, and an excellent Climate concur to render Distempers more simple, and their *Crises* more regular than they

they are found to be under the contrary Circumstances; and what Allowances may be made the Doctor on this Account, I leave to the Judgment of the Judicious and Unprejudiced. Be the Fate of his Rules of Prognostication what it will, the Facts alleged by him are of a quite different Nature, prior to, and independent of the Consequences he drew from them, and cannot be affected by any Mistake in his subsequent Reasoning. The Substance of his Observations, to which I now proceed, still remains in its full Force and Authenticness; and I dare say is such as must naturally excite our Curiosity, fix our Attention, and urge us to a farther Pursuit of this Matter.

SECTION II.

Facts by which the Reality of Doctor Solano's Observations, concerning the Prognostication of Crises by the Pulse, is in general ascertained.

IT would prove an endless Task to set down all the Observations made by the Doctor on this Matter, since the Year 1707 or 1708, in which he first observed it, to the Year 1738, in which he died. It may be easily judged how inexhaustible this Subject is, by the following Paragraph of a Letter he wrote to a Friend in *Cadiz* in the Year 1735.

--- “ I should never make an End, did I undertake to give a Detail of the Cases I have observed *from the End of June to that of September last past*: The Hemorrhages by the Nose, which I have prognosticated by the *Rebounding Pulse*, amount to more than Fifty; all have answered my Prognostication, and only the two above-mentioned proved mortal. The *Crises* by Sweat I have foretold by the *Pulsus Inciduus* are seven or eight, and those of Diarrhœas by the Intermitting Pulse five.”

From this Multiplicity of Facts, the Habit of foretelling *Crises* became at last so familiar
to

to the Doctor, and the Encouragement he met with from his indolent Countrymen, except a glorious, but empty Reputation, was so little, that he generally neglected to take Notes of the Facts he observed, until some particular Incidents from time to time awakened his Attention, and excited his Diligence.

In what the Doctor has published on this Matter he gives a particular Account of Twenty-four Cases; and in the Letters he wrote to me after my Departure from *Antequera*, in the End of the Year 1737, and in the Beginning of 38, he mentioned Thirteen new Observations. The Cases communicated to him, (by others, who had observed them) whilst I was in *Antequera*, were Eleven; and those I have from my Friends, amount to Nine; the Whole (abstracting from my own Observations, of which I shall speak hereafter) makes Fifty-seven Cases: Even these it would be too tedious to relate. I shall therefore select from them such as may best establish the Truth and Authenticness of the Doctor's Observations in general. To this Purpose, I shall among the rest fix on some Facts witnessed by indifferent Persons, and some attested and sworn to by his very Rivals in Practice, and published with their Consent.

In the History of these Observations, I shall retain several Incidents and Hints of the original

ginal Writers, which indeed are foreign to the main Purpose; but as they naturally arise from the Circumstances of the Facts, and manifestly bear the Character of a simple unaffected Narration, they cannot be omitted without stripping the Facts themselves of that Share of Weight and Authority which they derive from the Candor of the Observers.

Such Observations as are now published for the first Time, are distinguished from the rest by an Asterisk.

CHAPTER I.

Instances of the Prognostication of Critical Hemorrhages by the Nose.

* OBSERVATION I.

Extracted from a Certificate of Don Joseph Vincente Gomez, Physician in Antequera.

I Attended (says the Doctor) *Juan Romero* of *Antequera*, in *Calle Gavilanes* (a Street so called) in a Burning Fever, accompanied with fainting Fits, and other dangerous Symptoms. The Patient was a Man of the Age of Twenty-six, of a lively Disposition, and of a hot elastic Constitution. After Blood-letting, and other Remedies, the fifth

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Day

Day I observed the *Rebounding Pulse*; whereupon, guided by Dr. *Solano's* Observations, I prognosticated to the Patient a Hemorrhage by the Nose, *but in the Space of two Days only, because the Rebounding of the Pulse was not continual* † (at what Number of Pulsations it recurred, the Doctor does not mention); and in the mean time I suspended the Use of all Remedies. The same Pulse continued next Day; and at the third Day's Morning Visit, the Patient informed me, that on the preceding Night *he bled at the Nose* to the Quantity of half a Pint; I found his Pulse natural, and the Distemper, according to the ancient Expression, perfectly judged.

* OBSERVATION II.

In the Year 1736, *Don Juan Pardo*, Son to *Don Juan Pardo*, a Gentleman of Distinction, and *Regidor* ‡ of the City of *Antequera*, laboured under a continual Tertian Fever: He was attended by Dr. *Don Francisco Criado y Balboa*, Honorary Physician to the King's Family, who, finding all the Remedies he applied ineffectual, had Dr. *Solano* call'd to Consultation, in which a new Bleeding was advised by the former, but opposed by the latter, who consented it should be next Day, in case a Hemorrhage by the Nose, which he expected from the *Continual Rebounding* of the Pulse,

† See p. 2. n. 2.

‡ A Magistrate.

did not appear in the mean time. For farther Satisfaction, both immediately returning to examine the Patient, observed an *Intermission of one Pulsation* complicated with the *Rebounding Pulse*, and recurring at every second or third *Dia stole*, whereon Dr. † Solano, besides the Hemorrhage, prognosticated an imminent *Diarrhœa*, which ensued about Twelve of the Clock the same Day, and the Hemorrhage about Eight at Night; from that Time the Patient grew better.

“ The Truth of this Observation was confirmed to me by the Patient, his Parents and whole Family, when I was in *Antequera*, and also by *Don Antonio de Heredia y Bazan*, *Corrigidor* of that City, (that is, supreme Magistrate both in Civil and Military Affairs) a Gentleman of noted Worth and Curiosity, who hearing of this Case, went immediately, at Eleven o’Clock the same Night, to the Patient’s House, to satisfy himself of the Truth thereof.”

OBSERVATION III.

Dr. *Don Antonio Alvarez* of *Antequera*, in a Certificate he delivered to Dr. *Solano*, among several other Cases, relates one, in which having observed the *Rebounding Pulse*, he deferred a Bleeding that he thought, otherwise,

† See p. 11. n. 3.

completely indicated. At his Return next Day, with a Resolution to have the Patient blooded, the Doctor was surpris'd to hear he was gone Abroad; and inquiring into the Cause of so unexpected an Event, the Family informed him, " that the Patient continued " in the same Restlessness and Anxiety in " which he had left him, till the Morning, " at which Time the Anxiety augmenting, " he grew delirious, *and all of a sudden bled* " *at the Nose*; after which he fell into a " sound Sleep, and awaking in good Health, " dress'd, and went out on an important " Affair." The Doctor express'd his Satisfaction, that he had deferred the Bleeding, which might have prevented so happy a Crisis.

The Certificate from which this Observation is extracted, was sworn to by Dr. *Alvarez*, and published with his Consent.

OBSERVATION IV.

In the Year 1736, Dr. *Solano* was called to visit *Manuel Mercado*, a young, strong, laborious Man, of an adult Constitution, an Inhabitant of *Antequera*, in the Street named *Calle del Rastro*; it was then the sixth Day of a Spotted Fever, the Patient's Thirst was insatiable, the Heat on the Surface of the Body intolerable, whilst it scarce affected the interior Parts, and the Pulse without any extraordinary

ordinary Celerity, low and *Rebounding*. From this last Circumstance the Doctor intimated to the Patient's Family an *impending Hemorrhage*; but judging it would prove pernicious in a Distemper of this Nature*, he employ'd in vain all the Methods he could think of to prevent it; *the Blood flowed from the Nose at three different Times*, and was at each Time *foretold by the Doctor* to the Family: Upon this repeated Hemorrhage the Patient grew weaker and worse, and died in a few Days after of a *Diarrhæa*, also *foretold by the Doctor*, but which he neither could prevent nor moderate, nor the Patient bear.

OBSERVATION V.

In the same Year *Juan Delgado*, about the Age of Thirty, of a dry hot Constitution, fell into a Continual Tertian Fever which affected the Head. On the second Day (whether of the Distemper, or of the Attendance, is not expressed) Dr. *Solano* having observed in him the *Rebounding Pulse*, with the *second Stroke strong and quick upon the first* †, prognosticated to him an abundant *Hemorrhage of the Nose in twelve Hours Time*, which happened accordingly. Each of the three following Days he repeated the same Prognostic on the like Foundation, and with the like Success, to the great Astonishment of the whole Fa-

* See p. 12. n. 6.

† See p. 3. n. 4.

mily: But at last the Doctor, judging this Evacuation excessive, with much Difficulty prevented its Continuance, and the Patient quickly recovered.

“ This Case, which was a four Days constant Wonder, became famous in the Neighbourhood, and was attested to me by the Patient’s Family, when I was in *Antequera*.”

* OBSERVATION VI.

Extracted from a Certificate of Doctor Don Miguel de Porras.

I *Don Miguel de Porras*, Doctor of Physic, and Inhabitant of this City of *Antequera*, do certify, that last Year 1736, my Brother *Don Rodrigo de Porras*, a Lad of a hot robust Constitution, having fallen into a Continual Double-tertian Fever, on the Apprehension of some Danger, I had Dr. *Don Francisco Solano de Luque* called into Consultation on the fourth Day. After taking such Measures as appeared *proper*, the Doctor continued his Visits, and on the seventh Day in the Morning, on feeling the Pulse, he desired my Aunts and Sisters, who were present, to give the Patient a white Handkerchief to blow his Nose with, because he expected by the Rebouncing of the Pulse a Hemorrhage from that Part. I was not then at home, but returning two Hours after, and inquiring how
my

my Brother was, and whether the Doctor had been with him, my Aunts and Sisters told me what happened; to which I answered, Well, we shall see! In about an Hour and a half, as my Brother was blowing his Nose, *the Blood burst out* in such a Quantity that it stained all the Handkerchief. He immediately called up the Family; we went to him, and were Witnesses of the Truth of Dr. Solano's Prognostication. In Testimony whereof, I have signed this present Certificate, *Antequera*, the 9th of *October* 1737.

Don Miguel de Porras.

* OBSERVATION VII.

Extracted from a Letter to Dr. Solano.

I Dr. *Don Pedro Castan*, titular Physician to the Town of *Casa-Vermeja*, Doctor of the University of *Gandia*, and approved of by the Royal *Proto-medicato*, do certify, that upon the 12th of *December* 1735, I was called to visit *Antonio de Luque* of the Age of Forty-one, and then the fourth Day dangerously labouring under a Synochal Fever. After Purging, repeated Blood-letting, and various other Remedies, my Patient grew daily worse, and I despaired of his Recovery. The twentieth Day of the Distemper I met his Brother *Fray Augustin de Luque* all in Tears at the Door, who told me he would have a Consultation

called; whereupon examining the Patient, whose Pulse beat very vehement and quick, and seemed to *rebound*, I answered, it was too late; for before a Physician could come, his Brother would die. He then pressed me to prescribe for him what I judged most convenient; but recollecting the Passage I had read a few Days before in the *Lapis Lydius* about the *Rebounding* Pulse, I determined to keep the Patient simply to his Broth, and wait the Event. I made my Visit next Morning by the Break of Day, and observing the same Vehemence and Frequency of Pulse, with a *more evident Rebounding* than the Day before, *I immediately declared* to the Family, *that I expected a Hemorrhage by the Nose in less than two Hours*, and charged them not to apply any Remedy to the Patient, till I returned. I went back in three Hours after, *and found him shedding a Quantity of Blood*, which the Sheets could scarce imbibe. The Hemorrhage lasted for the Space of two Hours, in which time I frequently examined his Pulse, and observed the *Rebounding* of the Artery to decrease by Degrees, and at last entirely disappear†. Then I took Leave of the Patient, told him all Danger was over, and in a few Days he recovered. He still lives in this Town with his Family. I have observed other Cases of the same Kind, with the like happy Success, in Burning Fevers, which

† P. 4. n. 6.

seemed complicated with Pleuritic Pains, of which, if you think proper, I will send you an exact Account. And in Testimony of the Truth of the above-mentioned Cases, I swear and sign thereto, in this my Study at *Casa-Vermeja*, this 11th Day of *October* 1737.

Don Pedro Castan.

C H A P. II.

Instances of the Prognostication of Critical Diarrhœas.

O B S E R V A T I O N S I. II. III.

A Certificate of Dr. Don F. T. de Sayas.

I *Don Francisco Thomas de Sayas*, Honorary Physician to the King our Sovereign, in his Royal Family, &c. do certify, That having these several Years past been called to various Consultations with the Doctors *Don Rodrigo Parilla y Villalon*, and *Don Francisco Solano de Luque*, have been Witnesses to many of the Crises related in this Book *, and prognosticated by *Don Francisco Solano de Luque*; among which the following Case, in the Person of *Don Geronimo Goni y Avendano*, *Corrigidor* of this City, we three then present, was very surprising.

* *The Lapis Lydius.*

Having,

Having, all of us, observed in this Gentleman an unequal, *Intermitting*, inordinate Pulse, *Don Francisco Solano de Luque* said, *the next Morning early the Patient would feel a great Uneasiness, with such an Alteration in his Body, that the Attendants would judge him in the Agonies of Death, but that all this Tumult would be allayed by three or four Stools.* Dr. Villalon and I then gave no Credit to this Prognostication, attributing the Disorder of the Pulse to Causes quite different from that which Dr. Solano suggested: But we were strangely astonished at the Completion of it; for *at the prefixed Time, such was the Anxiety of the Patient, that the whole Family was alarmed, and thought him really dying; yet having soon had three or four Stools, he almost entirely recovered.* The same happened next Day, tho' later, in less Quantity, and without any Uneasiness, just as Dr. Solano had also prognosticated.

I moreover certify, That having observed in *Fray Luis de Cuenca*, of the *Franciscan Order*, in the Convent of *St. Mary Magdalen*, of this City, an unequal *Intermitting* Pulse in the Exacerbation of a Fever, *Don Francisco Solano de Luque* abruptly said, *the Patient had no Occasion for any Remedy; for that after Midnight the Fever would terminate by an abundant Diarrhœa, which*
hap-

happened *as the Doctor foretold*; and we all saw the Patient next Day in perfect Health. At this Prognostication were present Dr. *Don Antonio Alvarez*, myself, and several reputable Men of the above-mentioned Order.

I also certify, That in Presence of the same Persons visiting *Fray Francisco Diaz*, Guardian of the said Convent, who lay sick of a Fever and great Uneasiness, with an *Intermitting Pulse* recurring *at the second and third Pulsation*, I told *Don Francisco Solano*, that if in this Patient his Prediction was verified, I should acknowledge myself fully convinced of the Certainty of his Observations. He accepted the Proposal, and told us, *the Patient would very soon have a most violent Commotion in the Belly*. Within two Hours the Patient felt *such a vehement Tumult and Rumbling in the Intestines, with an Eruption of Wind so excessive, that he thought he should expel his very Bowels*; to this succeeded a *faecal Stool*, after which the Patient grew easy. The next Morning Dr. *Solano*, perceiving some Remains of *Intermission* in the Pulse §, ordered a Clyster, to facilitate the Motion of the Belly: This was followed by a laudable Evacuation, whereon the *Intermission* of the Pulse and Fever ceased, which equally surprised me, the Guardian, *Fray Miguel Garzia* Surgeon to the Order, and a great many others.

As to the other Species of *Crises* prognosticated by Dr. *Don Francisco Solano de Luque*, Hemorrhages by the Nose, and Sweats, I *swear, That tho' I was not present at those Prognostications, yet I have heard them attested by Persons of an unexceptionable Character, to some of whom the very Facts happened, some were Witnesses to them in others; for which Reason, and from my own private Conviction of the Certainty of the Prognostications I have seen, I do not in the least doubt of this Matter: Therefore I swear, and sign to it.

Don Francisco Thomas de Sayas.

* OBSERVATION IV.

From a Certificate of Doctor Don Miguel de Porras.

--- I also certify, that *Dona Maria Josepha de Saavedra*, an old Lady, of a cachectic Habit of Body, with Obstructions, labouring under some Cares and Uneasiness of Mind, having from a Hypochondriac Affection fallen into a malignant Fever, with a Vomiting up of all Nourishment and Remedies, a Suppression of Urine, and Astriction of the Belly, was first attended by Dr. *Don Antonio Alva-*

* *Juro*, a Form of solemn Affirmation in the Spanish Idiom.

rez,

rez, who after some Days had the Drs. *Don Francisco Solano de Luque*, and *Don Francisco Criado*, called to Consultation. They all agreed the Distemper was mortal, and Dr. *Solano* by the *Intermitting Pulse* prognosticated in Presence of *Don Pedro Vorrego*, his Mother, Sisters, and the whole Family, *that the Patient would have the Night following two or three large Stools*, which accordingly happened between Eight and Nine o'Clock that Night, as I was assured by all the above-mentioned Persons. Two Days after, in the Evening, I called to see the Patient; and finding an *Intermission* in the Pulse, *between every third and fourth Pulsation*†, I prognosticated in the Presence of the same Persons, *a Looseness for the next Day*; whereon they told me the Event of Dr. *Solano's* Prognostication two Days before, which confirmed me in mine. The next Morning the Patient had *two large Stools*, and voided a *Worm of a Quarter of a Yard long*. In Testimony whereof, I have signed this present Certificate, *Antequera*, the 9th of *October* 1737.

Don Miguel de Porras.

* OBSERVATIONS V. VI. VII.

From a Certificate of Dr. Don V. Gomez.

I *Don Vincente Gomez*, Doctor of Physic, Native and Inhabitant of this City of *Ante-*

† See p. 2. n. 2.

quera,

quera, do certify, That in my Attendance on *Alonso Duran*, who lay sick in the *Cruz Blanca*, of a Burning Fever, after the Use of proper Remedies, the ninth Day I observed a regular *Intermission* in the Pulse; as I felt it with an extraordinary Attention, *Fray Francisco de St. Nicolas*, a *Trinitarian*, who happened to be then present, said, *Doctor, You seem to apprehend the Patient is in Danger: I really do, tho' no Physician; for his Pulse stops.* I answered, *I both felt the Intermission, and foresaw the Danger; that the former was a mortal Sign, and all farther Application of Remedies useless.* However, I returned next Day to see the Patient, and found the *Intermission* more manifest, and more frequent†, and thus it continued till the Day following; then a *Diarrhœa* supervened, whereon the *Intermission* disappeared §, and the Patient was relieved. He soon after perfectly recovered by a Critical Abscess of one of the Parotids.

* I moreover certify, that *Dona Francisca de Valenzuela*, a Lady of the Age of Seventy, in a Double-tertian Continual Fever, having been despaired of by a Physician of this City, her Son *Don Antonio del Campo* pressed me to visit her, which I with some Reluctance consented to; and finding her in a Lethargy, with

† See p. 2. n. 2.

§ P. 4. n. 6.

an *Intermitting* weak and low Pulse, I confirmed the other Physician's Prognostic, and refused to prescribe; but overcome by the Importance of *Fray Juan Vilchez*, I ordered her some Digestives, Stomachics and Cephalics. The *Intermission* continued, and a *symptomatic*† *Diarrhæa* supervened, which was carrying off the Patient; but by the Addition of some Astringents to the above-mentioned Remedies, the Looseness and Fever ceased, the *Intermission* disappeared, an imminent Apoplexy was prevented, and the Patient recovered, to the great Surprize of all the Attendants.

* The same § Patient's Mother was taken with a Double-tertian Fever, which gave me

† Tho' the Doctor calls this a *Symptomatic Diarrhæa*, it really appears to have been in all Rigour Critical: For an Evacuation the most exquisitely calculated to remove the Cause of a Distemper, may become pernicious by an accidental Coincidence with an extreme Weakness, which cannot admit of any large Subtraction of Fluids, without a total Relaxation and *Collapsus* of the Vessels. Such was the Case in the preceding Observation. The Crisis was performed, the Doctor happily preserved the proper Balance between the Quantity of the Evacuation, and the Strength of the Patient; he thereby maintained her fleeting Spirits, and the morbid Cause being removed by the Crisis, she quickly gathered Strength, and recovered. This, I say, must have been the Case; whereas it is evident, that a few Astringents, to which the Doctor attributes the Cure, are Medicines neither adapted to the Cause, or proportioned to the Violence, of the Distemper here mentioned.

§ *Juan Romero*, whose Case, in the Certificate, immediately preceded the present Observation, and is transferred to the Chapter on Hemorrhages.

no less Uneasiness than that of her Son, because of her Age, which was Sixty-six, and of the great Violence of the Symptoms. I observed her Pulse to *intermit* at the *seventh and eighth Pulsation* †; wherefore I abstained from all Remedies, and expected a Critical *Diarrhæa*, according to Dr. Solano's Observations. The *Intermission* continued for three Days, and then ceased, without the least Appearance of a *Diarrhæa* §; whereon inquiring into the Patient's *Regimen*, I found that on the Days above-mentioned she eat boyled Quinces, and had applied to the Stomach and *Abdomen* a Poultis of Quinces, Wormwood and Bacon. Having thus discovered the Cause whence the Detention of the *Diarrhæa* proceeded, I immediately ordered those Remedies to be removed, the Patient's Diet to be changed, and to the Astringents substituted inciding, attenuating, and laxative Medicines, to counterbalance the condensing Effect of the former. The Humours being thereby thinned, and the Solids reduced to their former Laxity, the *Intermission* of the Pulse appeared again, and in Twenty-four Hours after, the *Diarrhæa*, which in some measure relieved the Patient; but finding this was not a complete Crisis, I ordered her a slight Decoction of *Tamarinds*, by which she had two moderate Stools. Notwithstanding all my Care, she grew worse by Degrees, and at last died.

† P. 2. n. 2.

§ P. 2. n. 3.

The above-mentioned Cases I have observed, and because they are true, I have signed, (*Antequera, October the 6th 1737.*)

Don Joseph Vincente Gomez.]

CH A P. III.

Instances of the Prognostication of Critical Sweats.

* OBSERVATION I.

Communicated by Doctor Gomez.

FRANCISCO Ignacio, who lives in the *Hoya*, fell ill of a Double-tertian Continual Fever, attended with great Lassitude and Anxiety. The sixth Day I observed in him the *Pulsus Inciduus at every third and fourth Pulsation* †; wherefore in Expectation of a Critical Sweat, I suspended the Use of all Medicines, and accordingly *at the End of the seventh Day supervened an abundant Sweat*, by which the Distemper was happily terminated. *Antequera, October the 6th 1737.*

Don Joseph Vincente Gomez.

† See p. 2. n. 2.

OBSERVATION II.

From Dr. Solano.

Fray Cecilio Garzia, Superior of the Franciscan Convent of Lora, being sick of a Continual Fever, I prognosticated to him a Critical Sweat at a determined Hour next Day; in Consequence of which, I, with great Difficulty, and by insisting on the Certainty of my Prognostication in the Presence of the whole Convent, prevailed on the Physician in Ordinary Don Antonio de Pontes to delay a Bleeding he had ordered the Patient. About the prefix'd Hour, in the Presence of the said Physician, the Patient felt a very disorderly Uneasiness, and an abundant Sweat ensued, by which the Uneasiness and Fever were carried off.

OBSERVATION III.

From the Same.

Don Alonzo de Godoy y Roxas, perpetual Regidor of the City of Antequera, after an Indisposition, relapsed into a continual Fever, which became so violent, that the fourth Day I was called to Consultation. The other Physicians Don Francisco Thomas de Sayas, and Don Antonio Alvarez, proposed to bleed the Patient; but having perceiv'd some slight
Strokes

Strokes of the Pulsus Inciduus, and thereby foreseeing a Crisis by Sweat, I prevailed with them, *in Favour of the fourth Day*, to defer the Bleeding. In the Evening I observed the *Pulsus Inciduus* more evident, and the *red Cloud*, mentioned by *Hippocrates**, in the Urine; whereupon I more firmly opposed the Bleeding, and prognosticated *a Critical Sweat on the seventh Day*. This Interval of Time, tho' the Patient had some Changes, was spent without any farther Prescription, and the *seventh Day* supervened *two abundant Sweats*, which entirely removed the Distemper.

OBSERVATION IV.

From the Same.

Fray Alexandro de Paz, of the *Franciscan Order*, in his Way to *Illora*, was taken with a Continual Fever, somewhat of the Nature of a Tertian, the Violence of which gave him great Uneasiness. One Afternoon, perceiving the *Pulsus Inciduus*, I prognosticated to him *a copious Sweat at nine o'Clock that Night*, by which he would recover. He was surprised at my Prediction, not only because it appeared new to him, but also because he could never, either by Sudorificks or by Exercise, be forced into a Sweat, and therefore did not give Credit to it; particularly the De-

* *Aph. 71. S. 4.*

termination of the Hour very much puzzled him: At last, about Nine, he grew anxious, began to rave, *sweated abundantly*, and in a short time perfectly recovered.

OBSERVATION V.

From the Same.

Fray Juan Gomez, now Guardian of the Magdalen Convent of *Antequera*, fell ill on a Monday Morning, of a very acute Fever; on Thursday, the fourth of the Distemper, I perceived in him the *Pulsus Inciduus*, and prognosticated, in the Presence of the whole Convent, *an abundant Critical Sweat on Sunday Morning, preceded by great Anxiety*, and foretold him he would be cured by it. As I felt his Pulse next Day, I repeated the same Prediction to him, and observing the Artery to rebound slightly *, told him he would that very Day shed some Drops of Blood from the Nose, which he did at Eleven o'Clock. In the Evening I prognosticated to him such another Hemorrhage that Night, which also happened. Saturday Morning, finding a small Intermision in the Pulse, *about the third and fourth Pulsation* †, I foretold him *an easy Motion of the Belly at Noon*, about which time he had a Stool, and with it expelled a Worm of a quarter of a Yard long. Sunday Morn-

* See p. 11. n. 3. † See p. 2. n. 2.

ing early, he was taken with *great Anxiety, Jaſtation, Nauſeating, Raving, Trembling, and remarkable cold Fits.* I found him in this Situation, and was at ſome Trouble in removing the Apprehenſions of the Patient and Attendants, who judged him *in the Agonies of Death*: Thus he continued for a quarter of an Hour, after which he began *to ſweat* with ſuch a *Stench*, that the Monks were obliged to change all his Bed-cloaths, and perfume the whole Convent; and the Patient perfectly recovered.

* OBSERVATION VI.

Extracted from a Letter written to Dr. Solano by Don Pedro Joſeph Marin de Aparicio, Viſitor-General of the Tabaco Rents in Malaga.

. On which I proceed to the Fact. *Don Alonzo de Sevilla*, belonging to my Di-
viſion, falling ill a few Days ſince, his Phy-
ſician *Don Nicolas Rexano* characterized
his Diſtemper a Double-tertian Ague, which
after ſix Bleedings became a continual Fever.
On this I called to ſee the Patient on the
eleventh Day of his Illneſs, accompanied by
Don Antonio Manzo, Lieutenant, and *Don*
Jacinto Marfil, Secretary of the Tabaco
Rents; and tho' I acknowledge my Inca-
pacity in *Medicine*, yet I thought proper to

examine the Pulse of the Patient according to the Rules delivered in your (not sufficiently celebrated) Book. At the *thirtieth or thirty-first* Pulsation, I observed a *Suspension, Intermiſſion, or ſomething elſe I could not characterize*, for want of a thorough Knowledge in this Affair; for which Reason I deſired *Don Antonio Manzo*, who has read part of your Works with the ſame Pleaſure that I have, to feel the Pulse of the Patient, and examine the above-mentioned Number of Pulſations, which he did, and found at the *thirty-third* Pulsation *the ſame extraordinary Motion* I had obſerved; on which, guided by your Rules*, we both judged a *Criſis* would enſue on the *fourteenth Day*, without venturing to determine what kind of *Criſis*. In an Hour after, we, the above-mentioned, met the Phyſician, who told us the Patient was dangerously ill, that he thought convenient to bliſter him, and order a new Bleeding, and would have Dr. *Don Raphael de Fuentes* called to Conſultation. In Pity to the Patient, I modeſtly told him what I had obſerved, with my Judgment thereon, and prayed him to examine the Matter ſeriously, before he ventured upon the Bleeding he propoſed. I had the Conſultation called, but could not go to it: At Seven in the Evening I met *Don Raphael de Fuentes* in the Adminiſtrator-General's Houſe, where in Preſence

* See p. 2. n. 2.

of that Gentleman, his Family, and the above-mentioned *Don Antonio Manzo*, he declared the dangerous State of the Patient; and being asked by me, whether he found in the Pulse what I had observed? he answered, the same, but *more frequent, recurring at the three or four and twentieth Pulsation* *; that it was not the *Intermitting Pulse*, as I imagined, but *the Inciduous*, and that he thereon cautioned *Don Nicolas Rexano* against bleeding the Patient in such Circumstances. However, to my great Dissatisfaction, the Doctor got him blooded in the Hepatick Vein; but notwithstanding this Mismanagement, and the consequent Diminution of Strength, so steady and powerful was the Tendency of victorious Nature, that on the thirteenth Night she broke out into *a hot copious Sweat*, which lasted till next Day, and left the Patient free from his Fever, as *Don Nicolas Rexano* confessed to me in the Presence of *Don Jacinto Marfil*. This Case I thought proper to communicate to you, and if you judge it convenient, will send it you legally testified by publick Authority. *Malaga, Sept. 17. 1737.*

Don Pedro Joseph Marin de Aparicio.

“ This History, with some others of the
 “ same Nature, was afterwards confirmed to
 “ me by the Author of the foregoing Letter.”

* See p. 2. n. 3.

By several of the foregoing Histories it may be observed, that from the time Dr. Solano observed the Signs of a salutary Crisis, until it happened, his general Method was to forbear all such Remedies as might in any respect divert the Tendencies of Nature.

C H A P. IV.

An Instance of the Prognostication of a Critical Jaundice by the Pulse, from Dr. Solano.

DON Bartholome de Sierra y Salvatierra, Knight of the Order of St. Jago, by the Dissatisfaction he conceived from a Squinting he was afflicted with, fell into an obstinate Melancholy; and tho' he found some Relief in my Hands, he determined to seek farther Help in *Madrid*, and engaged me to accompany him thither in the Year 1721.

He was there under the Care of Dr. Higgins the King's Physician, and Dr. Zapata the most famous Practitioner in *Madrid*, attended by Monsieur Le Gendre the King's Surgeon. Dr. Don Joseph Zunol Physician to the Prince of *Asturias* was called in the room of Dr. Higgins, who could not regularly attend. The two other Physicians, after twenty Days fruitless Labour, proposed to the Patient

Viper-

Viper-broth, which I caused to be deferr'd on perceiving the *Pulsus Inciduus*, which recurred *about every twentieth Diastole* †, with a remarkable *Tension* of the Artery; and declared to the Family, there would happen a considerable Change in the Patient within the Space of Five Days. The Broth was still warmly insisted on by the two before-mentioned Physicians with the Patient on one Side, and opposed by me on the other. In the mean time I observed the *Pulsus Inciduus* to recur regularly between the seventh and eighth Pulsation §, and consequently foresaw the *Crisis approaching*, which by the *Hardness* of the Pulse, and some other Circumstances of the Distemper, I then judged and openly prognosticated would be a *Jaundice*; on which the Patient, who had more than once been a Witness to the Certainty of my Predictions, joined me in Opposition to the *Viper-broth*. From the third Night he felt a considerable Uneasiness and Change in himself, and in this Situation spent the remaining Time till the fourth Morning, on which he was observed *all yellow*, to the great Surprise of the Family. I order'd the Windows to be shut, and a Couple of Candles to be lighted in the Patient's Room. The Physicians came in one after the other: I asked each as he entered, whether *Viper-broth* could hurt an *Icteric* Person, or dis-

† See p. 2. n. 2. § Ibid. n. 3.

turb Nature in a Tendency to a *Jaundice*. The one answered, It was not proper in such Cases; and the other, That none but an Idiot would prescribe it. Then they felt the Pulse of the Patient, without observing the *Jaundice* by the Light of the Candle. I got the Windows suddenly opened, a full Day broke in, they saw the *Jaundice*, and seemed thunder-struck.

This Observation was soon after published by Dr. *Solano*, without any Contradiction from Dr. *Zunol* or Dr. *Zapata*, who were too nearly concerned in the Case, not to take Advantage of the least Misrepresentation.

CHAP. V.

Instances of like Observations from the Ancients.

TO the foregoing Histories I shall add a very remarkable Case from *Prosper Alpinus, de præfagiendâ vitâ & morte, L. 4. c. 4.* a Case in which Dr. *Solano's* Idea is so perfectly anticipated, in almost all its Circumstances, that were I not certain he had no Knowledge thereof, before I shewed it to him, or even of the Author, I should be persuaded he had thence borrowed the first Hint towards his Observations. But so far was the Doctor from

from any Acquaintance with this Passage, that when I shewed him the Case, the good grave Man skipped about the Room in an Ecstasy of Joy, and cried out, That had I made him King of *Spain*, I could not have given him a more sensible Pleasure! In these Circumstances, the Coincidence of *Prosper Alpinus's* Observation with *Dr. Solano's* Facts seems to form a decisive Proof in favour of the Doctor's general Idea, as will evidently appear by the Observation itself, which runs in the following manner :

“ ---- *Quare senes atque pueri ex hoc pulsu*
 “ *(intermittente sc.) non ita pessimè se habent*
 “ *ut juvenes, in quibus plane exitiosos esse hos*
 “ *pulsus intermittentes voluit Galenus. Tamen*
 “ *etsi plerumque hoc verum experiatur, Bas-*
 “ *sani juvenem annos natam supra viginti,*
 “ *pleuriticam abhinc multos annos apud*
 “ *Hermetem Furcaturam jurisconsultum cla-*
 “ *rissimum vidi, in quâ usque ad diem quar-*
 “ *tam pulsus ita intermittebat, ut primâ die*
 “ *singulis septem aut decem pulsibus intermit-*
 “ *teret spatio unius pulsationis, et secundâ*
 “ *singulis sex aut quatuor, et tertiâ singulis*
 “ *tribus, et quartâ (quâ die morituram quis-*
 “ *que meritò judicâssset) cum delira prorsus*
 “ *esset, nihil expueret, difficillima respiratio,*
 “ *inquietissima, et cum pulsus singulis pulsatis*
 “ *duabus pulsationibus ita intermiserit, ut*
 “ *immobilis multo intervallo arteria maneret,*
 “ *pulsusque*

“*pulsusque subsequentes languidi exilesque*
 “*essent, nihilominus præter omnium spem simul*
 “*cum urinâ multâ materiâ crassâ, pituitosâ*
 “*excretâ, nullâ aliâ observatâ evacuatione*
 “*aut judicio factô, convaluit.* He adds,
 “*Sed hujusmodi casus rarò fiunt, suntque in*
 “*arte medendi veluti monstra.”* But it is
 evident from the Observations of Dr. Solano,
 and from others which I have since made,
 that this Reflection of the Author is rather
 derived from the Authority of *Galen* than
 from Experience; and this is farther con-
 firmed by the Reasons they both ground this
 Opinion upon, which are merely speculative.
 The Coincidence of the Fact itself with Dr.
Solano’s Observations is so very striking, that
 it may be at first Sight mistaken for one of the
 Doctor’s own Facts. However this Case seems
 in two Circumstances to differ from the Doctor’s
 Rules of Prognostication; for, 1st, *Prosper Al-*
pinus makes no mention of the *Softness* of the
Intermitting Pulse, tho’ Dr. *Solano* delivers it
 as the Sign of a Crisis by Urine†. 2dly, *Prosper*
Alpinus writes positively, that the Distemper
 was terminated by a simple *Flux* of Urine;
 whereas according to Dr. *Solano* a considerable
Diarrhœa should have been joined to it§. With
 respect to the first of those Differences, it is
 to be observed, that the Silence of *Prosper*
Alpinus does not absolutely exclude the *Soft-*
ness of the Pulse, nor indeed does the Distem-

† See p. 6. n. 6.

§ P. 6. n. 4.

per mentioned by him ; since it is notorious, that under the Name of *Pleurifies* several Distempers have been described, which were not genuine *Pleurifies* ; and to these last alone is the *Hardness* of the Pulse essentially joined. The second of the above-mentioned Differences is real and express, and I will neither deny nor endeavour to elude it. Perhaps the Distinction between the Sign of a Critical *Diarrhœa* and that of a *Discharge by Urine*, is not so nice as Dr. *Solano* imagined ; for, 1st, The *Intermitting Pulse* is common to them both. 2dly, A Crisis by Urine may be easily joined with a *Diarrhœa*, and almost *imperceptibly* performed in the very Efforts of going to Stool. 3dly, Dr. *Solano* acknowledges he has never observed a Crisis by Urine alone, and consequently could not determine whether it has any absolute *univocal Sign*. This may the more reasonably be doubted, because these *Crises* seem to be more easily convertible into each other than the rest ; for it is known by Observation †, that the Fluids contained in the *Rectum*, and lower Part of the *Colon*, may be absorbed by the Bladder, and expelled with the Urine : Moreover, a small Inequality of Resistance in the Renal or Mesenterick Arteries may quickly *alter* the common Distribution of the Blood *thereto*, and reciprocally shift either to the Kidneys, or Intestines,

† *Baglivi* has an Instance of this.

the Evacuation of such morbid Humours as flow with the Blood through the inferior *Aorta*.

Be these Conjectures as they will, it is plain Dr. *Solano* has not exhausted this Matter, which is to be referred to farther Examination by Experience.

In the mean time we cannot, without a very sensible Pleasure, see in the Case related by *Prosper Alpinus*, the *Periods of Intermifion* gradually become shorter and more frequent, in proportion as the *Crisis* approaches, just in the same manner as Dr. *Solano* has since observed ||. It would be manifestly ridiculous, to attribute to blind Chance such regular Operations of Nature, and so uniform a *Gradation of the Pulse*, from the Beginning to the End of the Distemper. This Observation indeed remained mute, and lay neglected as a *lifeless fortuitous Monster*, a mere *Lusus Naturæ*, for almost Two hundred Years; but now quickened by the Facts observed by Dr. *Solano*, it loudly proclaims, in Conjunction with them, the Critical Operations of Nature, and in its Turn imparts a new Degree of Evidence and Force to those very Facts, from which it derives its Life and Meaning; while the joint Authority of all the above-mentioned Cases ascertains to Medicine a new Ray of Light, by which the latent Operations of

|| See p. 2. n. 2 and 3.

Nature may be discovered, and *Crises* more certainly foreseen than they could hitherto be.

It is not to be doubted but that several such Facts have frequently happened; but they have been either totally neglected, or (which in Effect is almost the same) imperfectly recorded, because the Connexion between the above-mentioned Pulses and their *Crises* was never remarked, till Dr. *Solano* brought it to Light. Thus *Wierus* * relates an Observation, which he neither understood, nor sufficiently expressed; tho' Persons acquainted with Dr. *Solano's* Facts will readily perceive its Tendency thro' the Obscurity of the Description. A Nobleman fell into what the Author calls a *malignant Fever*, which was from the Beginning attended with several evident Signs, a *Saburra of the Primæ Viæ*, *bilious Vomiting*, and *Eruæations*, together with an *unequal Pulse*. On the sixth Day, the *Fæces alvinæ* were very *bilious* and *fetid*; the following Night brought on a *violent Exacerbation* of all the Symptoms; and the *seventh Day*, in the Morning, the Pulse began to *intermit at every third Pulsation*. But notwithstanding the Appearance of a Symptom so generally pronounced *mortal* by the Writers in Physick, *Wierus*, from the

* *Apud Georg. Horst. Sen. Obs. Med. Singular. l. XI. Obs. 8.*

favourable State of all the other Signs, prognosticated the Patient's Recovery; and observing him very uneasy at the Stomach, and frequently *Puking*, he ordered him for the next Day, *viz.* the eighth, a Purge which abundantly wrought, and entirely relieved him. The *Intermission* disappeared on the ninth, and the Patient remained free from his Complaints.

Here we have no Account of the *Softness* or *Hardness* of the Pulse with respect to the *Puking* on the seventh Day; no certain Knowledge of the *spontaneous Operation of Nature*, which is confounded with that of the Purge; no distinct Mention of the *Vomiting* and *Eruetation* from the first Hint in the Beginning of the Fever until the *seventh Day*. Nevertheless, from what is clearly expressed in this History, we may easily trace out a *remarkable Coincidence* of several Critical Circumstances with the *Intermission* of the Pulse. This from the Beginning was *unequal*, under evident Signs of a *Saburra of the Primæ Viæ*; on the *sixth Day* the morbid Matter began to move down by the *Anus*; the next Night brought on a general *Exacerbation* of the Symptoms, a *well-known preceding Circumstance* of all considerable *Crises*; on the *seventh*, the *grand Critical Day*, appeared the *Intermission* of the Pulse under a favourable Aspect of the Distemper,

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attended with a *Nausea* and *Puking*, which seems to have been suspended for some Days before ; and lastly, the *Intermission* and the Disorder were *jointly removed* by the Purge on the *eighth Day*. These must be allowed very strong Circumstances in an Observation so imperfectly related ; how many others of the same kind have been still more maimed and disfigured, nay absolutely neglected, it is impossible to conjecture ; but certainly of those that have been taken Notice of, such alone have emerged out of the *Obscurity of Description*, as were very extraordinary, and, if I may repeat the Expression made use of in the Preface, such as by the mere Force of their Evidence broke thro' the Prejudices and Inadvertency of the Observer. The Fact related by *Alpinus* would, in all Appearance, have been lost to Posterity, had not the Nature of this Author's Subject directly led him to it : Perhaps not even this would have preserved it to us, were not the Fact itself so very *remarkable* in all its Circumstances. *Alpinus* seems to have almost lost Sight of it ; he pens it down from his Memory at several Years Distance, and hesitates about the *Periods of Pulsation* at which the *Intermission* recurred. But now the Scene is opened to such Advantage, and discloses a Prospect so useful to Mankind, a more active Spirit in examining and recording such Cases as shall occur on this *Subject* in our own Climates,

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may be justly expected from the known Curiosity and Humanity of the *British* Physicians. It has indeed been long objected, nay it is still imagined, that the *Northern Climates* are incompatible with that regular Course of Distempers and *Crisis*es observed in *Greece* by *Hippocrates* and other *Ancients*. This Objection is probably deduced from *Aph.* 8. *Sect.* 3. But however true it may prove in some degree, there is very good Reason to think the Inference by much too extensive, whereas the contrary is insisted on from Matters of Fact, by Physicians of acknowledged Skill, and long Experience, as shall be seen in the Second Part of this Work, *Sect.* I. *Chap.* IV.

PART

PART the Second.

Containing Several New

OBSERVATIONS

ON

The same SUBJECT;

WITH

REMARKS on Dr. *Solano's* Rules of
Prognostication;

AND

Some General HINTS on the *Nature*, the
Ancient Observance, and the *Modern* Ne-
glect of CRISES.

By JAMES NIELL, M.D.

Part the Second.

Containing Several New

OBSERVATIONS

The same Subject;

WITH

REMARKS ON Dr. Sydenham's Rules of
Prognostication;

AND

Some General Hints on the Nature, the
Season, Observation, and the Method of
Cures of CRISES.

By JAMES NICHOLL, M.D.

SECTION I.

CONTAINING

The Result of my own Observations on the Connexion observed by Dr. SOLANO between the fore-mentioned Pulses and Crises.

CHAPTER I.

The Result of my own Observations on the Rebounding Pulse.

OF 121 Persons, in whom I have observed the *Rebounding Pulse*, 7 only neither bled at the Nose, nor were affected with any Symptoms, which might be deemed a *Tendency to a Hemorrhage* of this Kind, or a *Consequence of its Failure*. It is to be observed, that of these 7 none then laboured under the Struggles of an acute Dis-

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temper,

temper, nor under any considerable Effort of the Constitution, and that in two of them the *Rebounding* of the Pulse was *irregular*.

The remaining 114 were all affected with some, and most with many of the following Symptoms; *Universal Head-aches, Heaviness of the same Part, Giddiness, Raving, Stupidity, comatous and lethargick Affections, Pains in the Forehead and Temples, in the Root and whole Extent of the Nose, in the Ears and Eyes, sometimes with a Twitching, Shooting and extraordinary Pulsation of the adjacent Arteries; Itching in the Nose, Sneezing and Stuffing, as in a Coryza; Deafness, Noise in the Ears, a Flux of purulent or ichorous Matter from them.* Of all these Symptoms such as affected the Nose were the most common and remarkable.

Of this whole Number, viz. 114, 42 were merely affected with some or many of the Symptoms mentioned in the preceding Paragraph; 35 of these last in a very remarkable Manner, nay some for a Fortnight, three Weeks, even an entire Month, when the *Rebounding* lasted so long, and the Patients remained in the Hospital; of these 35, 9 had an *irregular obscure Rebounding*: The remaining 7 of the 42 were more imperfectly affected with the above-mentioned Symptoms, and without an evident Correspondence with the

the Pulse, which in *two* of these last was mostly *anomalous*.

The remaining 72 *all bled*, some in a moderate, some in a less, and some in a very small Quantity. 7 of this Number bled with such equivocal Circumstances, that I cannot positively affirm, whether the Blood trickled from the posterior Parts of the internal Tract of the Nose into the *Fauces* and *Trachea*, as I have sometimes observed, or ouzed out immediately from these last Parts: In *one* of these 7 the *Rebounding* of the Pulse was *irregular*.

The remaining 65 *bled at the Nose*, with the following Circumstances.

Viz. 11 bled before they came under my Observation, some immediately, and some a few Days before; of this Number, *four* had only *an inconstant Rebounding* in the Pulse, and very slight Symptoms in the Head.

The remaining 54 bled in the Course of my Observation.

In *eight* of these, the Hemorrhage, and other attending Symptoms which affected the Head, *did not regularly correspond with the Variations of the Pulse*, nor was the Pulse itself *regular* in *four* of them.

In 30 of the remaining 46, the Hemorrhage and Symptoms *bore a more exact Correspondence with the Rebounding* of the Pulse *all the Time this lasted*. The Pulse in *six* was *irregular*.

Lastly, in the 16 remaining, of whom *two* had an *irregular Pulse*, the Hemorrhage and Symptoms appeared *with a Constancy equal to the Duration of the Rebounding Pulse*, tho' *five only, or six at most*, bled exactly in the Circumstances mentioned by Dr. Solano in his Rules of Prognostication.

CHAP. II.

The Result of my own Observations on the Intermitting Pulse.

OF 23 Persons, in whom I have observed the *Intermitting Pulse*, *one only* had the *Intermission regular and permanent*; and in this Person the *Diarrhœa* answered my Expectation, according to the Rules laid down by Dr. Solano.

In the other 22, the *Intermission* of the Pulse *was irregular and shifting*; and tho' the

the *Diarrhæa* thereby signified could not, according to the Doctor, be positively depended on †, yet *eighteen* of them were pretty regularly attended with one or more of the following Symptoms, *Gripping*, *Rumbling* in the Intestines, *Wind*, the *Piles*, *Looseness*, and in a few an extraordinary *Costiveness*, or an *Indigestion*.

In *two* of the remaining five Cases, the *Correspondence* of these Symptoms with the *Intermission* of the Pulse was *more irregular and equivocal*, in a *third* insignificant; yet with this remarkable Circumstance, that after the Patient was purged, the *Intermission* gradually diminished and disappeared.

Lastly, of the whole Number, the *two* remaining Cases of the five mentioned in the last Paragraph, are the only which were free from any of the above-mentioned Symptoms.

† P. 2. n. 3.

C H A P. III.

General Remarks on the Whole.

FROM the foregoing Observations it appears, that of all the Persons in whom I have observed the *Rebounding Pulse*, the *Ratio* of those who either bled at the Nose, or were manifestly affected with such Symptoms as may be deemed *a Tendency to a Hemorrhage* of this kind, or *the Consequence of its Failure*, to those who were affected with neither, is somewhat more than Sixteen to One.

That of such as were merely affected with various Symptoms in the Head, to the whole Number, somewhat more than One to Three.

That of such as were regularly affected with these Symptoms, to the Whole, near as Two to Seven.

That of such as bled, to the Whole, near as Five to Eight.

The Ratio of such as certainly bled by the Nose, to the Whole, near as Eight to Fifteen.

Such

Such whose Hemorrhages and Symptoms remaining after the Hemorrhages, bore a tolerable Correspondence with the Pulse, to the Whole, near as One to Four.

Such whose Hemorrhages and Symptoms bore a more exact Correspondence with the Pulse, to the Whole, as Two to Fifteen.

Such whose Hemorrhages bore an exact Correspondence with Dr. *Solano's* Rules, to the Whole, as One to Twenty.

The joint Proportion of such in whom either the above-mentioned Symptoms or Hemorrhages *regularly persevered, whilst the Rebounding Pulse subsisted*, to the Whole, as Two to Three.

Of all the Persons in whom I have observed Hemorrhages by the Nose, since I have had the Knowledge of Dr. *Solano's* Observations, the *Rebounding Pulse* was missing in *Two only*.

These Observations, tho' much inferior to those alleged by Dr. *Solano*, are still *absolutely new* in Medicine, and (even unsupported by
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correlative Facts) must appear very surprising.

Now with respect to the Deficiency of my own Observations, it is necessary to remark :

1°. That of the One hundred and fourteen Persons, in whom I have observed the Hemorrhages and Symptoms above-mentioned, *Twenty-eight*, that is *near One-fourth*, having had *an irregular Pulse*, could not be depended on for a regular Appearance either of the Symptoms or Hemorrhages.

2°. That the Sum of the irregular Pulses, Eleven, in the irregular Cases Thirty-three, makes exactly *One-third* of the Whole : That of the irregular Pulses, Seventeen, in the more regular Cases Eighty-one, does not amount to full *One-fifth* of the Whole : Whence it appears, *that on the Proportion of the regular and irregular Cases, the latter were mostly such as were attended with an irregular Pulse.*

3°. That of the whole Number in general, *scarce five or six* laboured under *acute Fevers*, and *none of these* such as are, according to our practical Authors, *remarkable for Hemorrhages* ; and that such *Hemorrhages* as I have observed, were mostly *insignificant in*
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Quantity, and without any considerable Effort of the Constitution.

4°. That in some Patients, the Hemorrhages I expected by the *Rebounding Pulse*, did not break out *till helped by a kind of Pressure or Concussion*, as *spontaneous Sneezing, an Effort in going to Stool, or Vomiting*, which in these Persons was necessary to overcome the Resistance of the Vessels of the Nose. This Resistance was manifest in several of those on whom I have made my Observations, by a natural or morbid *Dryness, and want of the proper Secretion of Mucus* in this Part. Thus may a Tendency to a Hemorrhage by the Nose really subsist, without any Appearance of Blood.

5°. That some of the Patients under this Pulse, who bled in very small Quantities, or shed only a bloody *Mucus*, were careless in giving me Notice thereof, tho' they were thus affected for several Days together. I discovered it sometimes by mere Accident; others perhaps might have been in the same Case, without my Knowledge. How far these Circumstances have concurred to cause a Difference between Dr. *Solano's* Observations and mine, the Reader may determine.

I must also add here, that my Observations are not, in general, as complete as I could

could wish them : A very small Number excepted, they were all made in the Hospital of *San Juan de Dios* in *Cadiz*. In most of the Patients, I had not the Opportunity of observing the first *Appearance* nor the *Termination* of the *Rebounding* and *Intermitting Pulses*, having no proper Information of the State of the Pulse previous to my Observations, and most of the Patients having quitted the Hospital before these Pulses ceased ; wherefore I could not compare the State of the Patients under these Pulses, to that they were in before and after, whence no small Light would have resulted.

Neither had I the good Fortune to meet with the *Pulsus Inciduus*, nor with such Cases in which the *Rebounding* and *Intermitting Pulses* gradually move from the greater to the smaller Periods of their *Appearance*, as mentioned *p. 2. n. 2.* and have no personal Experience of the *Crises* by *Vomiting* or *Urine*. These Cases therefore are to be entirely referred to farther Experience.

Tho', from these Deficiencies, my own Observations do not entitle me to form a complete and absolute Judgment of *Dr. Solano's* Rules of Prognostication, still there are some particular things which I can from thence positively determine.

10. It appears, *that there really exists a general Connexion between the Pulses mentioned by Dr. Solano and their respective Crises*; whereas only One-seventeenth of the Persons in whom I have observed the *Rebounding Pulse* were free from Hemorrhages by the Nose, or from various Disorders in the Head, while (even abstracting from the irregular Cases) *Two-thirds of the Whole were remarkably affected with either, and by much the greater Part of this Number with both, particularly with a Sneezing, Stuffing and Itching of the Nose*, which I have observed more frequent and constant in such Persons as had no Hemorrhages.

As my Observations on the *Intermitting Pulse* are few and tolerably uniform, they require no Recapitulation here: The Reader must retain a fresh Idea of the *Looseness* and *Symptoms* with which it was attended. In Confirmation of *this Connexion between the Intermitting Pulse and a Diarrhœa*, it may be proper to add here, what I have been assured by Mons. Ferren, an eminent Physician of *Paris*, viz. that he has observed this Pulse so regular a Symptom of a *Saburra* of the *Primæ Viæ*, that on purging the Patient the *Intermission* disappears, and that from his repeated Experience thereof he looks on the

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Intermitting Pulse in Acute Fevers as a real *Indication for Purging*. An Observation very analogous to Dr. *Solano's* and mine. This Hint may be further corroborated by a known practical Remark, which is, that the *Intermitting Pulse* is nouncommon Symptom of Worms in the *Primæ Viæ*: Be the Cause of this what it will, the Fact is manifestly to my Purpose.

2^o. Notwithstanding the various Evidence, which, from the Beginning of this Work, appears in favour of the Connexion observed between the Pulses above-mentioned and their respective Crises, that of Dr. *Solano*, of the Physicians mentioned in the Preface, of *Prosper Alpinus*, of such as follow at the End of this Work, and lastly of my own; I say, notwithstanding all this Evidence, it appears from the Number of Persons who, according to some of my Observations, did not bleed at the Nose under the *Rebounding Pulse* or, did not bleed exactly according to Dr. *Solano's* Rules, that this Pulse is rather the Sign and Effect of a Tendency to a Hemorrhage by the Nose, than an absolute and certain Sign of this Hemorrhage, as the Doctor has peremptorily published. That it is a real Effect of this Tendency, may be justly concluded from the disappearing of this Pulse, when the Hemorrhage and all Dispositions towards a new one

one subsist no longer, which I have sometimes observed †.

3°. Since the Hemorrhage *cannot always be absolutely depended on from the Appearance of the Rebounding Pulse, much less can the Time in which the Hemorrhage is to happen be exactly predetermined*, let the Causes of its Detention be what they will. This has also been confirmed to me by my Friend *Don Juan de Pedraza y Castilla*, who, tho' he has often experienced the Truth of *Dr. Solano's* Rules of Prognostication, (as will appear by some Cases at the End of this Work) has sometimes been disappointed by his Reliance on them. Nay, the *Doctor himself* has acknowledged to me in a Letter, a few Months after my Departure from *Antequera*, that in several of the Cases which for some small time before occurred to him, the *Crises* indicated by the Pulse, on account of various Impediments in the Excretory Ducts, or in the Fluids which were to be evacuated, did not happen regularly within the Time limited in his Rules of Prognostication; but nevertheless he assured me, that they immediately appeared on the Removal of those Obstacles.

† See *Part II. Sect. II. Ch. I. Obs. 4. and 5.* Various Instances of the same from others may be seen thro' this whole Work, but eminently *Part I. Sect. II. Ch. I. Obs. 7. and Part II. Sect. II. Ch. II. Obs. 7. and 8.*

Some Species of Hemorrhages there are, which probably can have no Connexion with the *Rebounding Pulse*; such, I say, as happen without any Effort of the Constitution, and spontaneously flow from a simple Dilatation or Erosion of the Capillary Blood-vessels of the Nose; because I conceive the *Rebounding Pulse* to be the Effect of that general State of the Solids which tends to a Hemorrhage at the Nose, with some Degree of *Stress* and *Contention*.

I now come to some general Remarks on the *Intermitting Pulse*. As this is much more easily perceived than the *Rebounding Pulse*, it has been the Object of many curious Observations, while the latter lay almost entirely neglected. The Dissection of such as have laboured under an habitual *Intermitting Pulse* has plainly brought to Light the Causes which produced it in various Disorders and Impediments of the Heart, neighbouring Blood-vessels and Lungs; and Mechanical Theory has enabled us to demonstrate from them the *Intermission* of the Pulse. All Cases of this kind, which every intelligent Physician must be acquainted with, are evidently so many Exceptions to the Rule by which Dr. Solano establishes the *Intermitting Pulse* a Sign of a Critical *Diarrhæa*. But such Cases the Doctor, who was very limited in his Reading, had

had no Knowledge of, or did not attend to. It is evident in general, that an habitual Pulse cannot be Critical †.

Besides the known Causes of an *habitual Intermision* in the Pulse, we can from evident Principles demonstrate some Causes of a *transient fleeting Intermision* entirely foreign to a Crisis; such as *Spasms, Convulsions, Inflammation of the Heart, Weakness, an extraordinary Repletion or Inanition*, with a few others equally obvious, in which a judicious Physician cannot be mistaken. Such Cases are also as many Exceptions to Dr. Solano's general Rule on the *Intermitting Pulse*.

But it is certain, in Matter of Fact, that the Appearance of this Pulse is not confined to such Cases as I have hitherto mentioned. Hence various other Causes have been guessed at by *Theorists*, but none plainly demonstrated, or applicable to particular Cases with any tolerable Degree of Certainty; they must therefore remain in the Class of mere abstracted Possibilities, with which Men of real Knowledge have no Concern. Whence it is plain, that in all such Cases we are not, *in the present State of Knowledge*, furnished

† *Ballonius* has, somewhere in his *Epidemics*, an Instance of an habitual *Rebounding Pulse*, the only one of this kind I remember to have met with.

with sufficient Reasons to deny the *Intermitting Pulse* a Significancy of a *Diarrhæa*. This depends entirely upon Experience, and is thereby to be determined; tho' the mechanical Causes of the Relation of this Pulse to a *Diarrhæa*, or of the other Critical Pulses to their respective Evacuations, should for ever remain a Mystery, as we must now confess them to be.

I am sensible, from my own Experience, how apt most Reasoners will be, on the first View of this Treatise, to form to themselves a thousand various Explanations of the Causes of these Pulses, Causes absolutely foreign to any Idea of a Crisis; but I am equally sensible, that an exact Attention to the Circumstances under which these Pulses frequently appear, will soon dissipate such vain Phantoms of the Imagination, and wish this Hint could as effectually prevent them.

In the Midst of this Obscurity, I think I can venture to conjecture, from several Observations I have made on the reciprocal shifting of the Critical Pulses from one Wrist to the other, that they do not proceed from any Cause *limited to the Heart or general System of the Blood-vessels*; for in either Case it is demonstrable, that the Arteries of the Right and Left Side must be equally influenced thereby, through the common Arterial Trunk, except

except the Vessels of the one Side were different in Structure or Strength from those of the other, which I allow to be often the Case in this last respect, because I have generally observed the *Rebounding Pulse* more evident in the Right than the Left Wrist, the Arm of this Side being commonly less exercised and weaker: But then it is evident, this, and all other Differences arising from the present Hypothesis, should be permanent, and not variably shift from one Side to the other in the same Person. The Difference of Position or Attitude of the Body, and consequently an unequal Compression of the Axillary and Brachial Arteries at different Times, may be urged in favour of this Shifting in the same Person; but again, I have often observed it too regular to be attributed to so fleeting a Cause as this†.

There remains no other to which this Phenomenon can properly be attributed but the *Nerves*, the prime original moving Powers of the Body, which, we know, both from common Experience and Anatomy, *have an independent Action in their distinct Distributions*, and may *differently affect the one and the other Side of the Body at the same time*. Among

† What still more evidently proves, that the Shifting of the Critical Pulses is not owing to any Compression of the Arteries, is, that the *Rebounding* sometimes slackens, or even disappears, while the very Pulse in which this happens grows more full and free. See *Sect. II. Obs. 8. Note.*

some other Differences, I have observed the *Rebounding* and *Intermitting Pulses*, which before were equal in both Wrists, to disappear totally in the Right Wrist for some Hours, nay for a whole Day, while they persisted with their usual Evidence in the Left, and then again shift from this to the former: Whence it may be very probably inferred, that not only *the Shifting and other Differences* of these Pulses, but also *the Pulses themselves*, proceed from an immediate Influence of the Nerves on the Heart, and its appending vascular System, for the Reasons above-mentioned; which would prove a Case very distinct in its Cause from the common Irregularities of the Pulse.

On the Whole, tho' my Observations fall short of those alleged by Dr. *Solano*, yet it must be allowed they tend to prove the same thing in general which he has advanced, and thereby give, independently of the many Witnesses he produces, a great Degree of Credibility to his Facts: But notwithstanding the Truth of these, from what I have observed, I can scarce think all his Observations on this Matter were of equal Exactness and Force with those he has published. His Imagination seemed overcome by a Number and Variety of extraordinary Facts of this Kind; insomuch that in the Cases we jointly observed, when the Evacuations indicated by the Pulse happened to meet with any Delay, I have always found him
ready

ready to catch at every little Reason and Circumstance to reconcile such Delays to the absolute Certainty of the Indication. He was persuaded his Observations had led him to a fixed and perfect Method of prognosticating *Crises*, as may be observed by his Rules in the Beginning of this Work ; and by a Hurry of Imagination too common in Observers of new and extraordinary Things, he published them as a complete Discovery in this respect. So difficult it is for Human Nature to preserve a steady Judgment under the flattering Ideas and Over-bearing of Self-satisfaction in Success of any kind!

It is plain how much I differ from Dr. Solano, by reducing this Matter to a *simple Connexion between the Pulses I have observed and their respective Crises*, a *Connexion* by which the Critical Tendencies of Nature are brought to Light, *Crises* have been often foretold at several Days Distance, independently of the Signs mentioned by the *Ancients*, and therefore may hereafter. In this Light alone I publish the present Observations.

I am at the same time convinced this Matter is to be managed with Caution and Patience : Caution, to avoid a *peremptory Prognostication*, or the *false Hopes of a Crisis*, when there may be only an *ineffectual Tendency towards it* : Patience, to observe minutely

nutely all the Symptoms that accompany the Critical Pulses, and to pursue steadily the Observation of such Cases, notwithstanding the Disappointments which may occur, either through an Inexperience of these Pulses, or the Irregularity of the Cases themselves. He who is not satisfied to examine the Matter on these Terms, should give himself no Trouble about it.

It is to be considered, how small a Portion of absolute Certainty we enjoy in Physic, and consequently how important, how precious is every Grain of Certainty we can add to it. This is evidently gained by the Concurrence of several Circumstances to prove the same Thing; the more these are multiplied, the greater the Certainty. Now should *the Connexion hitherto insisted on* appear on future Experience more variable than I have found it, nevertheless, as *this Connexion in general* is in Matter of Fact *proved beyond all Dispute*, it is plain, that the Appearance of any of the above-mentioned Pulses, in Conjunction with the other known *Critical Signs* of the Evacuation indicated by the Pulse, must form a stronger Evidence in favour of the Crisis, than can be obtained by the separate Appearance of any Number of these Signs.

Tho' the *modern Practice* seems generally calculated to prevent *Crises*, nevertheless it is certain in Fact, these sometimes happen, nay
after

after repeated Evacuations, and Remedies of all Sorts†. When the Constitution is thus bent, it must be allowed a great Advantage to foresee the impending Crisis. Even in such Cases in which there is only an ineffectual Tendency to a Crisis, it is of mighty Importance to the Physician to know towards what Evacuation Nature inclines, or in other Terms, what is then the real State, the Play and Oeconomy of the distemper'd Machine. Either this must be the Evidence a Physician proceeds on, or none; and what leads to a more exact Knowledge in this way, deserves the Attention and Researches of every Well-wisher to Mankind, which is the only thing I aim at, leaving the Reader to his own future Experience.

But, to procure an impartial Examination of this Matter, it will be necessary to remove some Difficulties, perhaps they may be justly called Prejudices, which from the Days of *Paracelsus* and *Van Helmont*, have prevail'd with most Physicians against *Crisis*, and may raise a Cloud of mistaken Objections on the very Mention of the present Work. These therefore I shall consider in the following Chapter, with all the regard due to the Prevalency of Custom on the one Side, and with all the decent Freedom which Truth may require on the other.

† The Reader will find so many Instances of this in the present Work, that they need not be pointed out here.

CHAP. IV.

Some general Hints on the Nature, the Ancient Observance, and Modern Neglect of Crises.

FROM the general Neglect of *Crises* in the present Age, it is justly apprehended, that many will be apt to *censure* this Work as delusive and imaginary, tending to revive in the Practice of Medicine *the old exploded Tenets of Crises* established by *Hippocrates*.

To prevent so specious an Objection, I beg leave to observe to the Reader,

1^o. That in this Work it is evident I merely insist on particular Facts; and even these I propose only as an Inducement to the Gentlemen of the Faculty, (a very sufficient one, if I am not greatly mistaken) to make their Observations on the same Matter, that by a more extensive Experience it may be determined how far it obtains, and what Stress is to be laid upon it.

2^{dly}, Supposing even that in the common Course of Practice, *Crises* were neither to be depended on, nor attended to; nevertheless it must be allowed, that the Facts delivered in
this

this Work have their Merit, in bringing to Light several particular Cases never before thought of; and in standing as Examples at least in Cases of the same kind, which must naturally occur from time to time, since they have already been so often observed in the Course of a few Years.

3dly, Besides the Insight these Facts in general afford us into the Critical Tendencies of Nature, there accrues to *Medicine* an undeniable Advantage from the Observations on the *Intermitting Pulse* in particular. It is very well known, what *fatal* Prognostics are annexed to the Appearance of this Pulse in Acute Fevers*, both by our *modern* and *ancient* Authors: What Scenes of groundless Terror and Desolation have been thereon caused in Families! What inglorious Mistakes in Physicians, who have, in such Cases, more than once positively pronounced the Doom of their Patients, and deserted them in a Panic, while wiser Nature happily played her Part *unperceived*, and in the common Course of Things, wrought Cures, which *inadvertent Art*, in its own Defence, ignorantly called Miracles! But now these Terrors and Mistakes are effectually removed by the Facts I mention, the *Intermitting Pulse* in Acute

* This does not extend to Children or aged People.
See p. 43.

Fevers is no longer formidable of itself; it becomes ominous then only, when other Signs, distinct from this, concur to shew, *that it is not Critical, that the Crisis thereby denoted is improper, or that the Patient is too weak to undergo it*; and the Physician, freed from idle Apprehensions, is left to judge coolly from the whole State of the Case, whether the *Intermitting Pulse* denotes either *Danger*, or a *happy Crisis*. Were *Medicine* to reap no other Benefit by the present Work, than multiplied Examples of *innocuous Intermissions* of the Pulse in Cases wherein they are generally held *mortal*, it must be allowed a Matter of no small Importance.

4thly, Tho' it is notorious, both from the Bulk of *modern Writers* and Practitioners in Physic, that the Observations of the *Ancients* on *Crises* are almost generally neglected; yet I dare venture this bold Assertion, *viz. That these Observations have never yet been publicly proved false or precarious, or our Neglect of them properly justified by any Author.*

I acknowlege myself, at the Distance I now am from my Books, unprepared for stating the Case on the Side of the *Ancients* in as strong a Light as it is capable of; nevertheless, since it has been hitherto neglected, I hope the following Remarks, which accidentally

mentally lie by me, will not be disagreeable to the Reader.

To remove a dead Lumber of Objections, which has been so frequently heaped upon the Doctrine of *Crises*, I shall begin by observing, that notwithstanding the Confusion of the Works commonly attributed to *Hippocrates*, and the multiplied Contradictions which occur therein, yet from a general View of the Whole, it appears, 1. That it is not there pretended, that all Acute Fevers are to be terminated by *Crises*. 2. That besides the Days called *Septenary* and *Semi-septenary*, (how proper or improper the Name, is foreign to my present Purpose, which only takes in the Substance of Things under their usual Denominations) besides these, I say, others, as the *fifth* and the *ninth*, were acknowledged Critical Days. 3. That the *Even Days*, or *Dies Pares*, were also allowed to be Critical, and consequently, as far as can be gathered from the Facts contained in these and other *ancient* Writings, (rejecting all the accessory Errors, and philosophical Fables, imprudently intruded into this Subject) that the real Doctrine of *Crises* imports no more in general, than, 1st, That the *Septenary* and *Semi-septenary Days* are in a peculiar manner dedicated to the Critical Revolutions of Acute Fevers, and mostly such Revolutions as tend to the Recovery of the Sick, without any Exclusion

tion of the other Days, particularly from the less favourable Crises. 2dly, That Crises can be foreseen by the Signs described for this Purpose by the Ancients.

This once allowed to be the Case, as I believe it must, all such Objections as have been made against the 61st *Aphorism*, *Sect.* 4. of *Hippocrates*, and other correlative Passages, against the *Pythagorical* Numbers, the pretended Conformity of *Crises*, and Critical Days, with the Course of the Moon *, the Contradiction found in the various Combinations of the *Septenary* and *Semi-septenary* Days, and in their Coincidence with the *Dies Pares*, together with a thousand other Objections of the same Nature, tho' insisted on with so much Clamour by several Authors, evidently stick in the Surface of Things, and fall quite short of the Substance and real Doctrine of *Crises*.

It is moreover evident, that such Objections as have been raised on the supposed Differences in reckoning the Days of Acute Fevers, are precarious and of no Force, while these Differences are not positively proved in the particular Cases alleged in favour of the ancient Observations on *Crises*.

* This I mean merely in the *Galenic* Hypothesis, and not in the rational Sense proposed by the learned Dr. *Mead* in his *Treatise de Imper. Sol. & Lun.*

Such

Such as are derived from abstracted Theoretical Ideas, are absolutely puerile ; because it must be acknowledged we never yet could demonstrate the Causes of the regular Critical Periods in the Small-Pox, Measles, Intermitting Fevers †, and several other *daily occurring* Distempers. Matters of this Nature lie so much beyond the Reach of our present Portion of Knowledge in the Theory of Medicine, that it must be allowed an Attempt equally absurd, either to prove or refute them by any abstracted Principles of Reasoning.

Thus it appears, that the whole Case between such as stand for the real Observance of *Crises* in the Sense above-mentioned, and the Generality of *modern* Practitioners, is entirely reduced to the Matters of Fact on both Sides.

That the *Ancients* have insisted on, and produced Matters of Fact on their Side, and that these Facts have been confirmed by some *Moderns*, is notorious.

It will be sufficient for my present Design (which is only to awaken the Attention, and

† *Bellini's* Account of this is only an ingenious Hypothesis.

excite the Enquiries of abler Physicians into this Subject) to give here two Instances of Observations in this Way, even in our Northern Climates, from two eminent Practitioners, the one *ancient*, and the other *modern*.

The latter is the celebrated *Frederic Hoffmann*, an Author so well known, and so common, that I need only refer the Reader to his general Observations on *Crises* in the 3d Vol. of his *Medicina Rationalis*; in which he vindicates the *Ancients*, and shews from a nice Experience of *Forty Years Practice*, that in most Acute Fevers, *the third, fourth, seventh, eleventh, or fourteenth Day*, is particularly remarkable for Critical Revolutions; and distinguishes from all other Days, the *ninth* and *eleventh*, for the *unhappy Castastrophes*, which frequently attend them. Surely such a regular Course of Experience as this, must be allowed some Weight and Authority, or there can be no such Art as *Medicine*!

The other Instance is from the famous *Forestus*, an Author not inferior to any Physician of his Age, either in Medicinal Erudition or Experience. As his Works are at present somewhat rare, I am persuaded several Readers will be much better pleased to find here an Abstract of what relates to the Subject

Subject I have in hand, than to be merely referred to the Original.

Of *forty-eight* Histories of Acute Fevers related by this Author †, without any particular View to our present Subject, it is very remarkable, that *thirty-seven* Cases (*viz. Three-fourths* of the whole Number) were either attended with *Crises*, or terminated on such Days as have been styled *septenary* and *semi-septenary*; the 4th, 7th, 11th, 14th, 17th and 21st; of this Number, *viz. thirty-seven*, *seventeen* Patients had *Crises*, and all recovered; of the *twenty* others, who had no *Crises*, *six* died: A wide Difference indeed!

Of these Fevers, *five* were terminated on the 4th Day, of which *three* Patients died; *twenty-two* on the 7th, of which died the *other three*; the rest were happily terminated, *seven* on the 14th, *two* on the 11th, *one* on the 17th, and *one* on the 21st.

The Remainder of the *forty-eight* Cases (that is, *One-fourth* of the Whole) were either attended with *Crises*, or terminated on the following Days, the 5th, 9th, 10th, 20th and 24th; but with this remarkable Difference from the above-mentioned Cases,

† *Obs. et Cur. Med. Edit. Rothomag. à p. 12. ad p. 77.*

that on these Days happened *two Crises only*, a Number which does not amount to *One-fifth* of the Cases belonging to this Paragraph, whereas the Number of *Crises* which happened on the *septenary* and *semi-septenary* Days, is very near equal to *One-half* of the Cases belonging to these Days. *Five of the Patients recovered, and the other six died*; that is just as many as died out of *the thirty-seven* mentioned in the two preceding Paragraphs.

Seven of these Fevers terminated on the 9th Day, of which *five* Patients died; the *other* died on the 5th, and of the *two* Critical Cases *one* proved mortal.

Upon the Whole, it evidently appears, how vastly superior was the 7th Day to all the rest, both as to the Number and happy Event of the *Crises* and Terminations; for on this Day happened *twelve Crises, nineteen Recoveries, and only three Deaths*. The next to the 7th was the 14th, on which happened *two Crises, seven Recoveries, and no Death*. The 4th and 9th appear in the contrary Light; out of *five*, whose Fevers terminated on the 4th, all without a Crisis, *three* died: On the 9th appeared only *one* Crisis, and of *seven* Terminations on this Day *five* were mortal.

It appears also from the foregoing Observations, that of *nineteen* Patients, who had
Crises,

Crises, only one died; a Circumstance extremely favourable to the Critical Method of Practice, whereas of the *twenty-nine*, who had not the Benefit of *Crises*, *eleven* died. And here it is proper to add a very important Observation on this Subject, which is, *that by the Rules established by the Ancients, Forrestus has foretold several of these Crises one, two and three Days before they happened*, as every curious Physician, who will be at the Trouble of reading over those Histories, will see with no less Pleasure than Improvement.

I am very averse from establishing any general positive Rules on so small a Number of Facts, nor can I, at a Distance from my Books, and not entirely disengaged from other Affairs, enter into an exact Comparison of these Facts with such as are delivered by other Historians of Acute Fevers; yet, if my Memory does not fail me, I dare say the Subject I now treat would not lose much by the Comparison, and I wish this were properly attempted. In the mean time, the foregoing Remarks are sufficient to evince, that the Doctrine of *Crises*, rightly understood, seems really supported by strong Matters of Fact, and is neither to be ridiculed, nor treated in a supercilious manner, by any prudent Physician, till these and other like Facts are proved from Experience either *false* or *precarious*.

Now with respect to the practical Use of *Crises* in Medicine, two Arguments may be urged against it.

The first, which I have heard objected by a Physician of Merit, is the Danger apprehended to accompany *Crises*, on the Supposition, *That these arise only from a violent Struggle of Nature to discharge an overpowering Load of Fluids, a Struggle in which she may sink under the Burden, and consequently is more prudent to prevent which, than to run the Risque of.*

It must indeed be acknowledged, that the *Violence and Agonies* which attend some *Crises*, with the dangerous Effects of Nature's failing in its Critical Efforts, enforce the foregoing Objection, and prove this to be sometimes the Case: But that it is generally otherwise, appears almost evident from the following Observations.

1^o. It is certain, there are many Instances of *Crises* after very considerable Evacuations by Bleeding and Purging, of which some Examples may be seen in this Work.

2^o. Several *Crises* happen without any remarkable Tumult or Struggle in the Patient, of which also are some Examples in this Work.

Work. These two Observations are absolutely inconsistent with the Objection just now mentioned.

3^o. *Crises* generally follow a fixed Order, 1st, With respect to the Days in which they happen. 2^{dly}, With respect to the preceding *Cœction* or *Crudity*, by which the Success of *Crises* may be foreseen with a Certainty equal to any other we have in the Practice of Medicine. This the Ancients have insisted on from Matters of Fact, and such Moderns as have taken the Pains of making exact Observations thereon, have confirmed. 3^{dly}, With respect to the *Prognostic Signs* by which *Crises* may be foreseen sometimes three Days before they happen, when no extraordinary Tumult or Struggle appears in the Patient, as may be instanced from *Forestus*, *Solano*, and others.

From the Observations alleged in this last Paragraph, it evidently follows, that, *at least in the Cases there mentioned*, the Springs of the Body are, if I may so express it, previously wound up to the Key of the future Crisis, and that all their antecedent Play tacitly concurs to prepare this Event. Such a Situation of the Body appears to be the natural and necessary Effect of the Seat of the Distemper, the Quality of the morbid Fluids, and the general Disposition of the System of

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Solids,

Solids, whose imperceptible Combinations determine the Whole, without any dangerous Violence to certain measured Motions, and particular fixed Evacuations, by the simple Effect of Proportion and Harmony. This distant Preparation for a Crisis, under the Circumstances mentioned in the three preceding Paragraphs, is evidently nothing less than the *steady Work of Nature*, or of that *providential Mechanism* of the Body destined by the *Creator* to subdue gradually, and then to cast off, whatever is in any Degree noxious, through such particular Outlets, as, according to the Combinations just now hinted at, are most capable of affording it a Passage. This *Work of Nature* is perpetual, constant and uniform, because it is derived from a permanent Principle, the very Structure of our Body. In slight Fevers it is carried on almost imperceptibly, in smarter ones more evidently, and then alone with *Violence, Confusion and Danger*, when the Body is under *violent Circumstances, and the Springs of Life ready to crack*. In this last Case, and in this only, does the above-mentioned Objection hold.

The second Objection consists in the *Uncertainty of foreseeing Crises*. The Answer to this has been in some measure anticipated in the 3d Part of that to the first Objection; but indeed the main Point is, that this Charge
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is quite arbitrary and destitute of Proof. The *Ancients* have pleaded Matters of Fact on their Side, of which I have already given some Instances, and from them laid down fixed Rules for the Prognostication of *Crises*; Facts and Rules both equally adopted in our own Times by the great *Boerhaave*, not to mention several other Physicians of Repute. Every thinking Man must feel the Weight of so long a Series of Observations, and so much insisted on.

Now it is asked, From what Facts are the Rules laid down by the *Ancients* for the Prognostication of *Crises*, proved false or precarious? by what Authors? in what Circumstances?

Here it is to be remarked, that no Observations can with any Colour of Justice be urged against those of the *Ancients*, but such as have been made *on their Plan*. It is very evident, that if the whole Series of Signs, which by the Observation of the *Ancients* lead to the Knowledge of future *Crises*, viz. The Signs of *Crudity* and *Coction*, with those of an *imminent Crises*, or any one of them, has been neglected in the History of a Distemper, then such a History cannot, without an apparent Inconsequence, be alleged against the Certainty of the Observations of the *Ancients* on *Crises*; because it is plainly defi-

cient in one or more Circumstances absolutely requisite for the Knowledge of *Crises*. Again, should this Observation be perfect in all the foregoing respects, and yet the busy Practitioner, *upon a Critical Revolution* in the Patient, (which is often attended with an Exacerbation of the Fever, an Uneasiness, and sometimes a *Delirium*) *disturb* the Operation of Nature, by Evacuations, Narcoticks, or any other unseasonable Remedy, it is manifest, that in such a Case the Deficiency of a Crisis (should this fail thereon) cannot be attributed to any Uncertainty in the Observations of the *Ancients*. It is therefore again asked, *Whether there really exists in Medicine a Series of Observations accurately made on the Plan of the Ancients, which reverses those alleged by them on Crudity, Coction, and the Foreknowledge of Crises?* If so, such Observations should be produced to public View; otherwise our *modern Practice* in Acute Fevers may be liable to many Difficulties, which have not yet been cleared up.

It is notorious, that in the present Age, a Method of Cure not improperly called *Herculean*, prevails in *Medicine*; that, I mean, by which Physicians attempt to master Nature, and force Acute Fevers to take the Turn they think proper on every Emergency, by the superior Power of Reasoning, without
any

any regard to the Observations of the *Ancients* on the natural Course and Progress of these Diseases. Thus, on the Appearance of any uncommon Uneasiness, of a *Delirium*, on an Exacerbation of the Fever, Blood-letting, Blisters, Opium, or other Remedies, are immediately ordered, without examining, as the *Ancients* did by the antecedent Course of the Fever in all its Circumstances, whether the Symptoms they strike at are merely Symptomatical or Critical; a Matter which still appears to be of great Importance in the Determination of any powerful Remedy, as may be judged by several Instances deduced from Practice. I scarce believe there is any *modern* Physician, who would not wish himself in the Place of *Galen*, when this great Man, by his Prescience of an imminent Critical Hemorrhage of the Nose, prevented a Bleeding ordered by other Physicians for a *Roman* Youth, and by the happy Success of his Prediction obtained for his Patient the immediate Recovery of his Health, and for himself a glorious Reputation. In the third Case, on Hemorrhages of the Nose, attested by Dr. *Alvarez* in the first Part of this Work, I do not imagine any judicious Physician would have been well satisfied with himself for having let the Patient Blood the Evening before the Crisis, as Dr. *Alvarez* intended; or could, on cool Reflection, expect from an artificial Bleeding so sudden and so

so complete a Recovery as the Critical Hemorrhage produced. *Ballonius*, I remember, an exact Observer of Nature, and acknowledged a judicious Practitioner, gives, in his first Book of Epidemics, a strong Caution against Evacuations of all sorts *at the Approach of, or on a Critical Day*, assuring he has often seen violent and dangerous *Hypercatharses* consequent to a slight Purge given on the sixth Day of an Acute Fever. A like Observation is made in the 4th Book Περὶ Νόσων, attributed to *Hippocrates*.

As I apprehend some forward Theorists may look on these two last Hints as the Effect of a prepossessed Imagination, and ancient Medicinal Superstition, it may for their sake be convenient to confirm them by the Authority of the *greatest Practitioner* that the present Age, or perhaps any other since *Hippocrates*, has produced. By this Character it will be easily perceived I mean *the late famous Dr. Radcliffe*. It is very well known, that this *great Man* was particularly remarkable for a religious and surprisingly successful Observance of the Critical Operations of Nature, and in Acute Fevers extremely cautious in the Use of all ruffling Remedies, nay of the milder Class of Cathartics. Among several Instances of the Doctor's Sense of this Matter, I have been told

told the following one, by a Physician of great Candor and Merit, who was very intimate with him. But while I relate the Fact, the Names of the Persons concerned therein shall be suppressed, to avoid an invidious useless Reflection on their Memory. A Patient labouring under an Acute Fever died of an *Hypercatarsis* the same Day he took a gentle Purge; the Person who prescribed it, produced the *Recipe*, and in his own Justification pleaded the *Mildness* of the *Medicine*, which appeared so gentle to the Physicians he applied to on this Occasion, that they declared him entirely free from any Imputation of the Patient's Death. Dr. *Radcliffe*, whose Judgment thereon was required, after an Examen of the *Nature and Stage* of the Fever, acknowledged indeed the *Mildness* of the Cathartic, but in his own emphatical Style pronounced *it was ill-timed, disturbed a Crisis, and thereby killed the Patient*. It is to be hoped, that the Sense of a Physician, who by his admirable Sagacity in the Knowledge of Distempers, and by the unparallel'd Success of his Practice, has added a new Degree of Dignity and Importance to Medicine, will have some Weight even with the most violent Enemies of *Crisis*.

From these few Hints out of a thousand others, it appears how imprudent and dangerous

gerous it may be to prescribe powerful Remedies at every Turn of an Acute Fever, without any regard to the Observation of *Crises*.

This may be still further corroborated, not only with respect to Acute, but Intermitting Fevers also, by the new and curious Observations of *Hippolytus Franciscus Albertinus* in the *Acta Acad. Bonon.* Ann. 1731. Observations so generally confirmed by those of several other Physicians since communicated to the same Academy, that this learned Body has not scrupled to publish them, as real, constant, and authentic. As the *Acta Acad. Bonon.* is not a common Book, I believe most Readers will be pleased to find here an Abstract of the Observations I speak of.

1°. From a nice and long Experience *Albertinus* has observed, that no Patient was perfectly and securely cured of an Intermitting Fever by the Bark, without having *immediately, soon after, or somewhat later, Crises* like those which are almost ever observed in Fevers cured by other Remedies, or by Nature. An Observation which escapes such Physicians, whose Diligence in Observing ceases with the Fever, and does not pursue the Patient through the whole Course of his Convalescence,

2°. That

2^o. That the Use of the Bark brings on indifferently several distinct Species of *Crises*; *Sweats*, *Stools*, a *Flux of Urine*, nay of *Saliva*, or an *augmented Transpiration* different from that which the Patient had before, and to be distinguished by its *fetid Smell*: Of this last he singles out from several others a very remarkable Instance, in which, after the Use of the Bark, according as this *Critical Transpiration* variously ebbed or flowed, if I may so express it, the Patient grew proportionably worse or better, and thus continued in a doubtful Vicissitude of Convalescence and Relapse, until by a constant Flow for some Days he recovered perfectly. This Property of curing, by the Intervention, *Crises*, *Albertinus* remarks in all other *Febrifuges* and *powerful Remedies in general*.

3^o. That as the salutary Effects of the Bark are not limited to any particular Crisis, so neither is the Time at which any one or more of these *Crises* appear on the Use of this Remedy, constant and regular: That sometimes the Crisis happens only after the Fever is for several Days suspended by the Bark, and the Patient seems recovered †, but that without it the Recovery is insecure.

4^o. That

† Something analogous to this may be observed in the Practice of the most eminent Physicians in *London*, with
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4°. That these *Crises* not only remove the Fever, but also recent Obstructions of the Bowels, from thence derived.

5°. That in Intermitting Fevers, which are either preceded by, or attended with, the Suppression of any habitual Evacuation, the Patients are in Danger, except good *Crises* immediately follow the Use of the Bark. This *Albertinus* illustrates by several striking Instances of Persons seized by Intermittents on the *Recess* or Suppression of *Scabs*, *Ptyalism*, the *Gout*, various *Ichorous Fluxes*, or *Ancient Tumours*. The Bark was thereon given, the Fever consequently removed for some Days, and the Patients in all Appearance perfectly recovered, but without any *Crises*, when under the most flattering Hopes of good Health they suddenly fell into violent Distempers, some into *Inflammations*, *Acute Fevers* and *Swelling of the Parotids*, some into dan-

whom it has been for some Years past a known and successful Custom, to prescribe gentle strengthening Purges between the Suspension of the Ague by the first Doses of the Bark, and the Repetition of this Remedy some Days after, or to mix with it regularly from the Beginning such a Quantity of this Class of Cathartics, as may just keep the Body open, without destroying the Effect of the Bark by too great a Laxity. The Method now mentioned was brought into Credit by the great Success it had in preserving the Patients from the *Cachexy*, *Faundice* or *Dropsy*, which in a certain Epidemical Constitution frequently supervened on the Cure of the Ague in the common way.

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gerous Affections of the Head, Stupidity and Palsies, and lastly some into Apoplexies.

From the foregoing Facts *Albertinus* deduces a few practical Rules, which I here omit, because they will readily occur to every judicious Physician. I shall only observe upon the Whole, that since Fevers, for which we have so powerful a Specific as the Bark, are not effectually cured *without the Intervention of Crises*, since a nice Attention thereto is in Matter of Fact proved *so necessary in regulating the Conduct of a Physician in these Fevers, and fixing his Judgment with respect to real or fallacious Recoveries*, how much more must all this prevail in Acute Fevers, in the Cure whereof it is most notorious, that Nature acts a brisker Part, and has a greater Share than in the Cure of Intermit-
tents? Since these *Crises*, and their Consequences, have *hitherto escaped the Observation of most Physicians in Intermitting Fevers*, since the Inobservation of them has been productive of *so many, so weighty, and yet unperceived Mistakes*, how strong must the Suspicion of like Errors fall upon the common Neglect of *Crises* in Acutes? It seems at least sufficient to recall every thinking Physician to a rational Doubt and Examination of this Matter.

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The Inefficacy of the Bark in radically curing Intermitting Fevers, without the additional Help of *Crises*, may lead us to a more exact Knowledge of the real Effect and Operation of Remedies, and suggest a more favourable Idea of *Crises*, than has prevailed *since the Invasion of Medicine by the Chymists*. To put this Matter in still a stronger Light, it will be proper to examine and compare the salutary Effects of good *Crises* with those of our *most powerful Remedies*.

10. It is certain there are some Situations of our Body which require particular determined Evacuations, to discharge the morbid Fluids, to which Evacuations it often proves both fruitless and dangerous to substitute any others. The *Hemorrhoidal Flux* indeed, and the *Menstrua*, may be sometimes suppressed by revulsive Blood-letting; nevertheless, tho' the Quantity thus evacuated may be equal, or even superior, to that which was to be naturally discharged, this is generally found an imperfect Compensation, incapable of preventing a thousand Disorders consequent to the Suppression, because *Nature is not relieved in that very Way which the universal Determination of the whole Machine requires*, nor this Determination changed by the substituted artificial Bleeding. This steady Tendency of our Body wound up to a certain Key, if I may repeat the Expression, is yet more evident in some
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Head-aches, which could never be removed by all the Power of Evacuations in the common way of Bleeding and Purging, but were instantly and most surprisngly carried off by *opening the temporal Artery*, of which we have many Examples in *Prosper Alpinus*, *Ballonius*, *Marcus Aurelius*, *Severinus*, *Mee-kren*, and others. Thus it is manifest from Matter of Fact, that on some Occasions *certain particular Evacuations can alone discharge the Body of noxious Fluids, or change the Tone and Tendency of the Machine.*

Now, that a Crisis previously denoted by the proper Critical Signs, (that is, by the very Effects which result from the Circumstances of the Distemper, and from the general Tendency of the disordered Body) seems *eminently* one of those natural Discharges, which cannot with equal Conveniency and Safety be supplied by any other Evacuation, is almost evident from the Principle hinted at in the preceding Paragraph; *viz. That Nature is by a spontaneous Crisis immediately relieved in that particular manner, which the Determination and Exigency of the Machine then requires.* This, if I am not greatly mistaken, will appear to be real Matter of Fact to every unprejudiced Person, who shall exactly compare the *salutary Effects of many Crises* to those of our *most efficacious and Herculean Remedies.* Instances of Acute Fevers *suddenly and perfectly*
H *removed*

removed by Crises, are too common in our practical Authors to be called in question, and stand so proved by their own Notoriety, that I need not refer to some Facts of this Kind, which the Reader might have probably taken Notice of in the first Part of the present Work; whilst on the other hand I do not remember, that such Instances have been ever paralleled by any authentic Success in like Cases from *Medicinal Helps*. These indeed have often produced extraordinary Effects, and visibly given a favourable Turn to desperate Cases; but their Efficacy is limited to this, and perhaps has not once extended to *an immediate and perfect Removal of a smart Acute Fever*. Of all Remedies, *Arteriotomy* is that which has acquired most Honour to *Medicine*, by the wonderful Cures it has instantaneously performed; but it cannot be urged against the Point now in Hand; for so distant are we *Moderns* from having extended the Use of this *truly Herculean Remedy* to such Cases in Acute Fevers as seem evidently to call for it *, that we have generally neglected it, even in the very Cases in which it has been so happily experienced by the Physicians of the last Century.

Thus, considering *Crises* and our *best Remedies*, each in their most advantageous Light,

* V. G. Inflammations of the *Meninges* and Brain, particularly such as cause a visible Pulsation of the *Carotids*.

it appears in Fact, that the former are greatly superior in their Efficacy to the latter, and therefore cannot be properly compensated by them.

2^o. This may be farther evinced in some particular Cases, by the vicious Qualities observed in the Matter of Critical Evacuations, such as *putrid and extremely stinking* Urine, Stools and Sweats * : For should a busy Physician, thro' Imprudence or otherwise, prevent an imminent Crisis of this kind, how fatal may the Consequences be ? how uncertain the Expulsion of such a Matter by other Outlets ? how dangerous its Delay in the Body, till it may be expelled ?

But granting our Remedies an Efficacy equal to that of a good Crisis, they should only come into Play, when Nature does not manifestly and regularly proceed to such a Crisis: For when she does, they must be held *useless, if not immediately dangerous: Useless*, because at best they are only supposed of equal Efficacy with a good Crisis ; *dangerous*, because they forcibly alter or weaken the general Tendencies of the Body, and dis-

* *Galen*, quoted by *Ballonius*, *Ep. Ed. Venet.* p. 42. says somewhere in his Works, that all fetid Excretions are pernicious, which is a notoriously false Assertion. See above *Obs. V.* on Critical Sweats. *Item Ballon.* *Ep.* p. 117. and *Albertin. Act. Acad. Bonon. loco citato.*

order the whole Machine, to shift it to another Determination, which cannot be conceived without a Confusion comparable in some measure to the Discord of a musical Instrument while changing from one Key to another. This is a standing Inconveniency in all such Cases, and tho' not constantly attended with fatal Effects, yet by fixing on the Bowels such morbid Humours as were ready for a spontaneous Critical Expulsion, it is proved *sufficiently Dangerous* in the practical Histories of Distempers, to deserve more Attention than is generally allowed it in our *modern Herculean Practice*.

What I have hitherto alleged in favour of *ancient Observation* on *Crises*, does by no means exclude a vigorous Method of Cure. It indeed requires in a Physician, a nice and continual Attention to all the minute Circumstances of Critical Signs, but claims his Inaction then only when by these he foresees a future happy Crisis. He is, in the Beginning of an Acute Fever, entirely at Liberty to use the most efficacious Means our Art suggests, to prevent the Consequences of an *Inflammation*, a *Plethora*, or a *Suburra* of the *Primæ Viæ*. This, according to Reason and Experience, is the Time of a brisk and vigorous Action, before the Distemper takes Root, and the Strength of the Patient, so necessary to bear the Effort of Remedies, is im-

impaired. This precious Occasion, on which almost entirely depends the happy or unhappy Event of Acute Fevers, lies as open (at such a Distance from the Critical Periods of the Distemper) to the Observer of *Crisis*, as to the Physician who neglects them; nay, the former will think himself fortunate, if at this time he can so master the morbid Causes, as to prevent the Necessity of a Crisis, and bring the Distemper to a spontaneous insensible Resolution. In the riper Periods of the Disease, he is under no Restraint besides that which arises from an exact Vigilance in observing all the Circumstances of the Disorder, a nice Attention in distinguishing thereby such Revolutions in the Patient as are determinatively critical and salutary, from such as are noxious; and lastly, a prudent Abstinence from all powerful Remedies under the Prevalency of the former. This is no more than the indispensable Duty of every Physician, *while Nature is acknowledged to have any Share in the Cure of Distempers*; and I scarce believe, that any Gentleman of the Faculty would be thought so incontinent of Prescription, as to complain of that Inaction which is pointed out to him by *the Self-sufficiency of Nature*. In all other Turns of the Distemper, such I mean as he finds purely morbid, of evil Tendency, or, tho' salutary in themselves, yet unequal to the Greatness of the Disease; he may and should exert himself

with all the Vigour and all the Powers of the *Herculean Method*. This, in Reality, seems the *Medium* between that *absurd pusillanimous Practice*, which, from an injudicious Apprehension of disturbing the Order of Nature and its Critical Tendencies, weakly abandons the Patient to the Violence of the Distemper, and that *precipitate Method* which confounds the salutary Operations of Nature with the mere morbid Symptoms, and by striking at either indistinctly, perverts the regular Course of Distempers, produces new morbid Complications, and destroys the most natural and most efficacious Means of Recovery.

To sum up the Whole of this little Dissertation on *Crises*, I think it appears, 1^o. That clearing this Matter from all the foreign Hypotheses and Fables, which the Prejudices of abstracted Reasoning have blended with it, the Question concerning the real Existence of *Crises*, and Days peculiarly appropriated to them, is to be reduced to mere Matter of Fact on both Sides. 2^o. That the Affirmative in this is supported by strong Facts, *modern* as well as *ancient*, such at least as are sufficient to engage all unprejudiced Physicians into a farther Examination of this Subject. 3^o. That *Crises* are not the mere Effects of Nature abandoned to herself, and violently struggling under a dead Load of
noxious

noxious Humours, as imagined by some Physicians; but rather *the gradual, steady, measured Operations of that exquisite Mechanism and innate incessant Principle of Self-preservation*, with which Providence was pleased to indue our Bodies, evidently destined by the *Creator* to subsist for a long Series of Years, notwithstanding a thousand various Disorders and Dangers, to which they are, from the Nature of their own Frame, and the Influence of external Agents, daily exposed. This has been shewn by the whole Set of Circumstances that accompany salutary *Crises*. 4°. That it may be dangerous to prescribe powerful Remedies at every Turn of an Acute Fever, without any regard to the Observation of *Crises*. 5°. That under a determined Tendency to a Crisis, this last cannot with equal Conveniency and Safety be compensated by any other Evacuation. 6°. That the salutary Effects of good *Crises* seem greatly superior to the Efficacy of our best Remedies. 7°. That the judicious Observation of *Crises* is consistent with a very vigorous Method of Practice. 8°. That no Observations can be rationally alleged against the *Ancients* on this Matter, but such as have been made on their Plan.

Having thus given such general Hints as accidentally lay by me, concerning the Observations of the *Ancients* on *Crises*, and the

Regard they seem to deserve in Practice, I must acknowledge they appear to me of no small Importance, tho' much inferior to what the Subject is capable of; nay, to what I could myself urge in its Favour, had I more Leisure, and a proper Opportunity of my Books. It is fully sufficient for my present Purpose, to obviate any mistaken Objections against the Tendency of this Work, and to remove from it the *modern affected Contempt of Crises*; I can scarce call it by a softer Name than that of *an affected Contempt*, until the Case on the other Side of the Question be properly stated and justified. Till then it may, with some Appearance of Reason, be reproached to us Moderns, that we have in this Point deviated from the *Ancients* without Cause; and have been led into our present *Herculean* Practice by mere Custom, and some Remains of the reigning Prejudices of the last Century.

SECTION

SECTION II.

Containing some particular Instances of my own Observations on the above-mentioned Pulses and Crises, with several curious Cases communicated to me by my Friends.

CHAPTER I.

New Observations on the Rebounding Pulse.

OBSERVATION I.

IN a Visit Dr. *Solano* made me the Evening I arrived in *Antequera*, September 17. 1737, he told me he did not intend to lay any Stress on what I till then had either heard or read of his *Discovery*: That he was satisfied to wave all antecedent Proofs thereof, and reduce it to the Test of such *Facts* as should occur during my Stay in that City.

Accordingly, on the 21st of the same Month, in the Morning, the Doctor took me to the Hospital of *San Juan de Dios* of *Antequera*,

tequera, to visit a Patient who had the *Rebounding Pulse*, a Lad of 16 Years, and middling Habit of Body, his Name *Juan de Ortega*, a Native of *Ossuna*, just recovering from a continual Fever, in which he was both purged and blooded. The *Rebounding* of the Pulse first appeared in him that Morning: It was *slight and continual in every Pulsation*, whereon Dr. *Solano* prognosticated a *small Quantity of Blood by the Nose within the Space of 24 Hours*; and tho' I represented to him, the *Rebounding* seemed to me *inconstant* *; that there appeared *no Tendency to Bleeding by the Nose, nay not one of all the Signs of such a Hemorrhage delivered by the Ancients*; nevertheless, to my great Surprise, he positively persisted in his Prognostication.

Thus the Patient continued till the 22d about Break of Day: Then he began *to itch in the Nose, and sneeze*, which was attended with a *small Excretion of bloody Mucus, and a few insignificant Drops of Blood*. The *Itching* continued for 24 Hours; about 10 in the Morning came from the Nose a *small*

* The Cause of the apparent *Inconstancy* of the *Rebounding* to me was, as I soon afterwards observed in the same Patient, the different Manner of feeling the Pulse; for the *Rebounding* was regularly perceived, whilst the Finger remained slightly applied to the Artery, but disappeared as often as I pressed it.

String of Blood; and as the *Rebounding Pulse* continued, the Doctor insisted on the *Appearance of more Blood*, which accordingly happened in the Afternoon, to the Quantity of *eight or nine Drops*. The next Morning, viz. the 23d, the Patient shed *three or four Drops of Blood from the Nose*, and as much more in the Afternoon. In the Evening the *Rebounding* of the Pulse became more flow, and seemed almost a distinct Pulsation from the first Stroke. The next Morning, the 24th, I found the Pulse *absolutely natural**, whereon the Patient was dismissed the Hospital.

I engaged him to call on me at my Lodgings, that I might there examine him privately; his Pulse then continued *Natural*. I made him blow his Nose hard, but no Blood appeared. I gave him Money to let me know if any Means were used to make him bleed at the Nose. He answered, No; and told me, that he never before shed any Blood from that Part.

OBSERVATION II.

October the 10th, 1737, Dr. *Don Antonio Alvarez*, mentioned in the first Part of this Work, told Dr. *Solano* and me, he that Even-

* See p. 4. n. 6.

ing felt the *Rebounding Pulse* in a Patient of his; and thereon, tho' this Pulse was somewhat obscure, deferred a Bleeding which he had before ordered the Patient, and intimated to the Family his Expectation of an *Hemorrhage by the Nose*.

The next Morning he sent to Dr. *Solano* the following Note:

“ S I R,

“ Yesterday I spoke to you of my Prognostication of an *Hemorrhage by the Nose* in
 “ *Don Juan de Zayas*, Son to my Cousin
 “ *Don Christoval de Zayas*. He is now in
 “ the 5th Day of an Acute Fever, and tho'
 “ the Circumstances of the Distemper, his
 “ Constitution and Youth, seemed to require
 “ Blood-letting, nevertheless I deferred it, as
 “ I told you, on the Appearance of the *Re-*
 “ *bounding Pulse*. Last Night the Patient
 “ *bled at the Nose*: I have seen his Hand-
 “ kerchief all bloody this Morning, and or-
 “ dered it to be kept, that you may in the
 “ Evening bring our Friend Dr. *Nibell* to see
 “ it, to enquire into the Truth of this Fact,
 “ and be Witness of the Surprize and Admi-
 “ ration it has caused in the Family, a Fa-
 “ mily, as you know, equally distinguished for
 “ its Rank and Veracity. I have prognosti-
 “ cated *another Hemorrhage* for this Day, but
 “ in

“ in less Quantity, because the *Rebounding*
“ of the Pulse is obscure. I am, &c.

“ *October* the 11th, 1737.

“ *Don Antonio Alvarez de Afeyjas.*”

At Four o’Clock in the Afternoon I went to visit the Patient with Dr. *Solano*, his Son *Don Christoval Solano*, and *Don Juan de Pedraza*, Batchelor in Philosophy and Physic. We saw his Handkerchief all stained with Blood: The Quantity of the Hemorrhage was, in the Phrase of the Family, an *Egg-shell-full*. The Patient was for some Days before troubled with a Heaviness in the Head. We found the Fever very moderate, the Urine high-coloured, and the Pulse *slightly*, but as I apprehended somewhat *indistinctly, rebounding*: Nevertheless Dr. *Solano* prognosticated *another Hemorrhage*, and in the Evening Dr. *Alvarez* repeated the same Prognostication. The Patient was *very delirious* all the next Night, but no Hemorrhage appeared, nor could we perceive in the Morning the least Remains of the *Rebounding Pulse*; on which we discontinued our Visits. Whether in this Case the Blood, which was to run off by the Nose, was thrown in upon the *Meninges*, and thereby caused the *Delirium*, I leave to the Judgment of the Reader.

The

The Day after, *viz.* the 13th of *October*, Dr. *Alvarez* got the Patient blooded: In the Evening he observed the *Rebounding Pulse* again, and gave Notice thereof to the Family. At Nine the next Morning the Patient *bled at the Nose*, and was blooded a second time in the Arm at Ten. Tho' I had no Knowledge of what happened since the 12th, yet my Curiosity led me to renew my Visits. This Morning, *viz.* the 14th, I happened to call on the Patient about an Hour after the Hemorrhage, and saw his Handkerchief fresh stained with 12 large Spots of Blood. His Pulse was so contracted, that I could not perceive any *Rebounding*; but this appeared again in the Afternoon, whereon I prognosticated within the Space of twenty-four Hours another Hemorrhage, which did not answer my Expectation, tho' the *Rebounding* of the Pulse continued as hitherto at every *Diastole*. This Disappointment set Dr. *Solano* and me on a more close Examination of the Patient; and we discovered, that since the Day before Dr. *Alvarez* had Astringents applied by Intervals to his Forehead and Temples: We immediately ordered them to be discontinued, and substituted thereto a Fomentation of warm Water; by which means the Patient had at Three o'Clock next Morning (the 16th of *October*) just such another Hemorrhage as the last-mentioned, after which the *Rebounding* ceased as usual.

The

[III]

The 17th, 19th, 20th and 22d, he had each Day an Hemorrhage with the following Circumstances; the first and last were very insignificant, the other two as those above-mentioned: The first was preceded by the *Rebounding Pulse* the Evening before; the second for almost two Days before, which by Dr. *Solano's* Rules was somewhat irregular; the Evenings before the third and fourth, the *Rebounding* was obscure, particularly before the third; however it is proper to observe, that it might have then just begun to return, whereas in the Morning the Pulse was perfectly natural.

After the fourth Hemorrhage, the *Rebounding Pulse* appeared by Intervals, but in such an obscure irregular manner, that there could be no Stress laid on it.

In the whole Course of this Observation, it is very remarkable, how regularly the *Rebounding* of the Pulse disappeared after each Hemorrhage †, except *perhaps* the first.

OBSERVATION III.

October the 10th, 1737, came to the Hospital of *San Juan de Dios* of *Antequera*, *Francisco Martin de Cuesta*, a Native of Mo-

† See p. 4. n. 6.

lina in the Kingdom of *Arragon*, a tall spare Man of the Age of twenty-six Years, labouring under a Quotidian Fever, the Hypochondria obstructed and painful, and his Colour *cachectic*. He was for some Days before troubled with a Heaviness in the Head, which still continued; and had an Hemorrhage by the Nose.

October the 10th, the Pulse appeared *slightly*, but *inconstantly rebounding*; and the Patient had a *Head-ach*. The next Morning he shed by the Nose a *small Quantity of bloody Mucus*, and the *Rebounding* was *continual* in every *Diastole*, manifest, and near equal to the first Stroke: Whereupon Dr. *Solano* prognosticated *more Blood* within the Space of twenty-four Hours. All Day long the Patient had a *shooting Pain in the Temples*, with an *Itching of the Right Nostril*; and the next Morning, the 12th of October, he cast from the Nose an *insignificant Quantity of Blood*, yet *more* than the Day before. The *shooting Pain in the Temples* continued with the *Rebounding* of the Pulse, which was *very slight*, and Dr. *Solano* again prognosticated *more Blood*. The Patient sweated in the Evening, and at Night was taken with a *Diarrhœa*, which lasted till the 14th in the Morning, and relieved him in all respects†.

† This happened without any preceding or concomitant Intermission of the Pulse.

But

But in this Interval *no Blood appeared*; nevertheless, on the 13th, finding the *Pulsus Dicrotus* during the whole Afternoon more evident than hitherto, with a Lightness in the Head, I prognosticated an *Hemorrhage within the Space of twenty-four Hours*, which accordingly happened next Morning: It was small in Quantity, and came from the *Right Nostril*. I felt the Patient's Pulse some Hours after; the *Rebounding* was much the same, and, as before, more evident in the *Right than the Left Wrist*. By these Circumstances, and the Time at which the Blood heretofore regularly appeared, I prognosticated for the Morning following *another Hemorrhage by the Right Nostril*. The Event perfectly answered my Prognostication at Two o'Clock in the Morning, after an Hour's Pain of the Right Temple, Eye and Nostril, to the great Surprize of the Patient. This Hemorrhage was somewhat greater than the last.

Flushed with this Success, from the Continuation of the *Rebounding* I prognosticated more Blood next Morning, but was disappointed. However, in the Afternoon, (the 16th of *October*) I renewed the same Prognostication on the same Foundation. The next Morning the Patient awoke with a great Pain in the Temples, Forehead and Eyes, and in a few Hours after appeared a small Quantity of Blood by the Nose, which I am apt to think,

I

think, from the mentioned Circumstances, would have been much more considerable, had not the Patient been *purged* that Morning; for how great a *Revulsion* may be made by a Purge from the superior Blood-vessels, every judicious Physician is sufficiently apprised of. *The Pain continued all Day*, and in the Afternoon the Pulse approached very near to its natural State.

From the 18th in the Morning until the 20th at the same time, the *Rebounding* of the Pulse was evident. I thereon made two false Prognostications, and began to complain of the Uncertainty of Dr. *Solano's* Critical Indication. However, it is to be observed, that in this Interval *the Pain in the Forehead and Temples grew worse*, until it was abated on the 19th in the Evening by a Fomentation of warm Water; and the Nose was *so dry*, that even on blowing it, which I made the Patient do from time to time, *not the least Mucus could be forced from it*.

The 20th in the Morning the Pulse was natural, and the Patient better; but the *Rebounding* appeared again in the Afternoon, and continued evident till the 22d in the Morning. Grown cautious by my two last Disappointments, I abstained from any new Prognostications; but as the *Dryness of the Nose* continued, I ordered a Fomentation of
warm

warm Water for the Head the 21st at Night, and the 22d in the Morning, to bring the Vessels to their natural Laxity, and waited the Event in Silence. This Method was attended with the desired Success; for immediately after the second Fomentation the Patient *bled at the Nose*, to the Quantity of *twenty Drops*; whereon his Head was eased, and the *Rebounding* became *almost insensible*. He was purged after the Hemorrhage.

From the 22d in the Afternoon to the 28th, the *Rebounding* was by *Intervals* regular and anomalous, and the Head generally *giddy*.

The 28th, late in the Evening, I went to the Hospital alone, and found the *Rebounding* very smart, the *Pulse strong*, and the *Weight and Giddiness in the Head greater than usual*; from which I confidently prognosticated an *impending Hemorrhage*, ordered a Fomentation of warm Water for the Head and Nose, and told the President of the Ward, I was persuaded the *Hemorrhage would immediately ensue on the Relaxation of the Vessels*. The Fomentation was applied in an Hour after, and scarce had the Patient sucked up a little Water into his Nose, when about twelve Drops of Blood immediately followed. I must acknowledge this Prognostication, so perfectly fulfilled, gave me a great deal of Pleasure, the

more because I am certain I never should have even thought of it independently of Dr. *Solano's* Observations.

So small an Hemorrhage was not sufficient to discharge the Head; this continued *heavy and giddy*, and the Pulse *rebounded smartly* all the following Day, but *somewhat irregularly* the two next. On this I determined to try, whether there still remained a latent Disposition to an Hemorrhage, and to make a last Effort to ease the Patient's Head by this Evacuation: Wherefore I ordered him two such Fomentations as above, the one the 31st of *October* at Night, and the other next Morning. I succeeded in my first Intention; for Nature answered the Call after the second Fomentation by a *small Appearance of Blood*, but was disappointed in the other, *viz.* the Relief of the Head. The *Rebounding* continued slight all Day, and at Night I observed by the Thickness of the Patient's Speech, that his Tongue grew torpid, and consequently that a Compression began to fix on the Nerves in the Head.

Dr. *Solano*, who from the 16th of *October* treated the Patient without any regard to the Hemorrhage, which we judged could be of no main Use in a Distemper of this kind, was now carrying on the Cure in such a manner as was absolutely inconsistent with the Share

I took in this Observation; on which I began to drop it, and from the first of *November* visited the Patient only once a Day: Among other Remedies, the Doctor ordered *astringent Lotions* to be applied to the Forehead and Temples, to prevent the Hemorrhage, and Purges by Intervals. The *Rebounding Pulse* continued in the mean time either *slight or irregular* to the 4th of *November*. This Day in the Afternoon, when I felt the Pulse, the *Rebounding* appeared evident and strong, but *slackened* again till the 8th in the Evening, when it grew *manifest and vehement*, and next Morning the Patient had *a more abundant Hemorrhage* than any of the former: But the Symptoms in the Head increased.

The rest of this Case, while I remained in *Antequera*, is not worth relating. Dr. *Solano* wrote to me after my Departure, that the Patient had *two Hemorrhages* more, each of which was preceded by the *Rebounding Pulse*, which at last disappeared, when the Obstructions were removed, and the Patient recovering.

This so constant a Disposition to an Hemorrhage by the Nose, and the Symptoms which attended, seem to have derived their Origin from the Obstruction of the *Hypochondria*, and the Compression thereby produced on the

inferior Aorta, with a consequent overflowing of the Blood towards the Head.

Such are the three Observations which occurred on the *Rebounding Pulse*, while I was in *Antequera*.

OBSERVATION IV.

In the Year 1737, soon after my Return from *Antequera*, Master *William Tyrry*, Son to *John Tyrry*, Esq; and Grandson to the *Marquis de la Canada* of *Cadiz*, was indisposed of a slight Fever, with a Pain in his Head and Stomach, which proceeded from an Indigestion. I found him *bleeding at the Nose*, with a *Rebounding* in the Pulse *at every Diastole*; he bled to near the Quantity of half an Ounce, and in less than a quarter of an Hour after, the *Rebounding* entirely disappeared *.

OBSERVATION V.

In the Hospital of *San Juan de Dios* in *Cadiz*, was a young *Negro*, who had Pleuritic Pains and a Cough. The 1st of *January* 1738, in the Morning, I found him *bleeding at the Nose*, and then felt his Pulse for the first time; the Right Pulse *slightly rebounded at every Dia-*

* See p. 4. n. 6.

stole, the Left *more smartly*, but not continually: Thus the Pulse remained in and after this Hemorrhage, until within a short Interval of Time, the Patient *bled again in a small Quantity*. I thereon examined the Pulse a second time, and observed a simple *Diastole regularly alternating with a Rebounding one*; this last gradually slackened, grew less frequent, and soon gave entirely way to the natural Tenor of Pulsation *.

In the Afternoon and next Morning, there appeared *an obscure Rebounding* in the Pulse †, and at Four o'Clock of the second Afternoon the Patient *bled a few Drops at the Nose*. I visited him in an Hour after, but could not then perceive *the least Rebounding*. He remained in the Hospital some Days after, without any Symptom of, or Tendency to an Hemorrhage, either in the Pulse or otherwise.

OBSERVATION VI.

January the 2d, 1738, came to the same Hospital a young robust Man with a slight Fever, and shuddering from a Cold. His Pulse was full, and *slightly Rebounding*. Thus he continued without any other Sign of an Hemorrhage till the 3d at Night, when in

* See p. 4. n. 6.

† Ibid. n. 7.

making an Effort to go to Stool, a moderate Quantity of Blood suddenly burst out from the Nose.

The next Morning I observed the same *Rebounding* in the Pulse as before; but the Patient would not remain any longer in the Hospital.

OBSERVATION VII.

In the Year 1738, Mr. *William Knight*, a young Gentleman about the Age of 20, who lived with Messieurs *Mannock* and *Ryan*, Esqrs. in *Cadiz*, fell ill of a mortal malignant Fever, in the very Beginning whereof I observed, with several Signs of a violent Irritation, *a continual Rebounding* in the Pulse; thus he continued without any Hemorrhage for two Days, at the End of which, *in the Effort of a spontaneous Vomiting, the Blood burst forth smartly and in a moderate Quantity from the Nose.* I observed the same Pulse the next and the following Day; no new Hemorrhage appeared, but the Patient became *delirious*, and so continued till he died in four Days after.

These two last Observations are Examples of the Delay of the Hemorrhage, from the Resistance of the Blood-Vessels mentioned p. 64. No. 5.

OBSERVATION VIII.

The 10th of *March*, 1738, a young robust Man came to the same Hospital with a *Quartan Ague*, and the *Rebounding Pulse*. The former was hitherto attended with this particular Circumstance, that *an Itching of the Nose began, augmented, and decreased, in the same Proportion as the Paroxysms did.*

The *Rebounding* of the Pulse continued slight, until the Patient quitted the Hospital on the 28th of the same Month, except the 23d and 24th, on which it appeared more full and distinct.

He was all this time daily affected with a *Pain or Tension in the Forehead, Temples, or whole Head, particularly with an Itching of the Nose and Eyes, and frequent Sneezing* *.

The 11th, 12th, 13th and 14th Days, the Patient shed a small Quantity of Blood by the

* To avoid an useless Repetition of Observations, it is proper to remark here, that the Reader may from this last Paragraph form to himself a pretty exact Idea of the regular Cases without Hemorrhages, mentioned p. 54. The Difference in the different Cases consisted only in the various Combination of the Symptoms mentioned in the Beginning of the same Page with an Itching in the Nose and Sneezing, which of all were the most constant.

Nose,

Nose, and the 25th had an Hemorrhage of about 70 or 80 Drops.

It is remarkable, that on the 11th in the Morning the *Rebounding* was more evident in the Left than the Right Wrist, *tho' the Pulse of this Side was last then more full, and free from any Impediment* to which the Obscurity of the *Rebounding* may be attributed. This has also happened in several other Persons.

OBSERVATION IX.

Christoval Romero was brought to the same Hospital the 18th of *February*, 1738; for the five preceding Days he was, from a cold Wind, affected with a *Pain in the Head*. On feeling his Pulse, *Don Pedro Roxo*, Physician of the Hospital, observed a *continual Rebounding at every Diastole*. The 19th I found the same; it was slight, and in the Evening gradually disappeared: It returned again the 20th in the Morning, became somewhat obscure in the Afternoon, and so continued till the 23d in the Morning.

The 18th, and the Night following, the Patient *bled at the Nose* eight times in a large Quantity, whereby his Head was relieved. The 19th he *bled twice*; the second Hemorrhage was pretty considerable, and relieved

lieved the Head still more. The 20th the only remarkable Symptom was a remaining Pain on the *Occiput*; to this on the 21st in the Afternoon supervened a Pain in the Temples, and both were at Night asswaged by a Fomentation of warm Water. The 23d he still complained of the Remains of his Head-ach, and began to grow stupid; the next Day he became delirious and drowsy; in the Morning the Pulse *intermitted* sometimes *after the third and eighth*, but generally *after the fourth Pulsation*; a *Diarrhœa* ensued *the same Day*, but without any Relief to the Patient, who grew convulsive, and died in a few Days.

I have observed another Case analogous to this, in the Beginning of which, though the Patient, who had the *Rebounding Pulse*, *bled plentifully at the Nose*, he still became for some Days *stupid and cataleptic*.

By these two Cases, Observation the 7th of this Chapter, and others, it is manifest that the Appearance of Dr. Solano's Pulses is not limited to *Crises* strictly so called, and therefore does not exclusively denote them. The Result of all the *Phænomena* is the Rule to determine, whether the Evacuations signified by these Pulses are to be Critical or Symptomatical. However, they may be justly called *Critical Pulses*, from the chief Use to which they are applied.

OBSER-

OBSERVATION X.

*Extracted from a Letter of my late Friend
Dr. Don Pedro Roxo, Honorary Member
of the Medical Academy of Madrid, and Phy-
sician of the Hospital of San Juan de Dios
in Cadiz.*

. This last Week occurred in my Hospital another Case of an Hemorrhage by the Nose, in a Lad who was sick of a slight Fever, with *a great Pain in the Temples*. I observed in him a small *Rebounding* of the Artery *at every Diastole*, as did also several of the Monks who assist the Sick, and Dr. *Don Francisco Garzia*, who happened to be then present: On this *I prognosticated an Hemorrhage of the Nose, without any Limitation of Time*. The Patient continued in the State just now described, without any Change or Remedies, for the Space of *two Days*; he then *bled at the Nose* to about the Quantity of six Ounces, by which the Pain in the Temples was very much abated. I visited the Patient in a few Hours after, and observing the same *Rebounding* in the Pulse, *I prognosticated another Hemorrhage†*, which accordingly *happened next Morning*; whereon the *Rebounding ceased*, and the Patient recovered. Dr.

† See p. 4. n. 7.

Garzia

Garzia was greatly pleased with this Observation, the first Hemorrhage he has seen prognosticated by the Pulse.

Cadiz, October 7. 1737.

Don Pedro Roxo.

OBSERVATION XI.

Communicated to me by my Friend Don Juan de Pedraza y Castilla, Batchelor of Philosophy and Physic.

... . Among my other Observations the following one is very singular: I was called to visit *Juan de Toledo*, a Lad of nineteen Years, and of a thin Habit of Body. He lives in *Calle de la Yglesia** (a Street) and was then labouring under a Double Tertian Ague. I observed in the Intermiffion of the Fits *an extremely slight Rebounding of the Pulse at every Diastole, which grew more manifest exactly in Proportion as each Fit came on and increased.* The first Time I made this Observation, *I prognosticated to the Patient an Hemorrhage by the Nose in the Fit he then had,* and in my Visit next Morning he told me, that the Night before, in the Height of his Fever, the he felt a great Suffocation, with

† In *Rio gordo*, a Village in *Andalusia*, where this Observation was made.

an Itching of the Nose, and bled from that Part to the Quantity of three Ounces. This and the following Days I repeated the same Prognostication, for the same Reason, and with the same Success: But finding these Hemorrhages rather weakened than relieved the Patient, I neglected them, and gave him a few Doses of Tartarum Vitriolatum, Nitre of Antimony, and Salt of Wormwood; whereon the Fever, the Rebounding of the Pulse, and the Hemorrhages disappeared.

He adds, this Observation served me as an Example in two other Lads, Joseph Manojas in the same Street, and Juan Pernia in the Calle del Cura, who were afflicted with the same Species of Fever, and with Hemorrhages which I also foretold by the Rebounding Pulse. They recovered by the Use of the same Remedy.

Antequera, November 13. 1738.

Don Juan de Pedraza y Castilla.

OBSERVATION XII.

In a Letter I received from the same Person, the 21st of March, 1738, is the following Paragraph.

Our Friend *Don Christoval Solano* is in the 6th Day of a continual putrid Fever, but without any dangerous Symptoms; he has had, just now, an *Hemorrhage by the Nose*, and another more plentiful this Morning, both preceded by the *Rebounding Pulse*, which yet remains, but very slight. If any Change worth your Notice happens in the Course of this Distemper, you shall know it by next Post.

Don Juan de Pedraza y Castilla.

CHAP.

CHAP. II.

New Observations on the Intermitting Pulse.

OBSERVATION I.

THE 20th of January, 1738, Sylvestre de Grana, a Man of a robust Constitution, and fleshy firm Habit of Body, and about the Age of Forty, came to the Hospital of *San Juan de Dios* of *Cadiz*, with a Pain in the Right Side and superior Part of the *Thorax*, which extended to the Arm: This Pain began the 18th, and was attended with a Fever, Thirst, a hard Pulse, and a moist Cough. It afterwards shifted to the Left Breast and Shoulder, and grew so violent, that the Patient could not lie down: He was thereon twice bled and relieved; but the Pain again becoming very intense, a Cupping-glass, with Scarifications, was applied to the affected Part, whereby he was relieved: Nevertheless, the 10th Day of the Distemper he was so fatigued with the Pain, and so uneasy, that he could not lie on either Side, but was obliged to sit up in his Bed, the Pulse became low, unequal, and *intermitting* almost

most at every *Pulsation*. This is the Account I received of the Distemper from my Friend *Don Pedro Roxo*, Physician of the Hospital.

I was the same Day, viz. the 28th of *January*, advised of the State the Patient was in, and visited him. I found the Pulse regularly intermitting at every second and third *Dia stole*, and thus it continued till the 5th of *February*, on which Day the Patient died after a very short Agony.

From the 28th of *January* to the Day last-mentioned, he had a slight *Looseness*, *Gripes*, a *Rumbling in the Intestines*, and *Eruption of Wind downwards*.

The last Days the Patient complained of a *Palpitation*, and the Day before he died, examining the Region of the Heart, I plainly felt at each Inspiration a Motion somewhat like that of the Air in an *Emphysema*, or of Phlegm in the *Trachea*, on which I concluded there was an *Extravasation* of some Fluid in the Cavity of the *Thorax*, or in the *Pericardium*. This and the other Circumstances of the Distemper engaged me to open the Body, and I presume it will not be disagreeable to the Reader to find here an Account of my Dissection, partly that he may be satisfied I do not conceal any Circumstance that might seem to clash with the Tendency of the pre-

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lent Treatise, partly because such Cases, tho' not unknown in Physic, are not common.

I found the *Pleura* thick and spongy, and the Lungs adhering to it, but without any visible Alteration in their Substance. On Opening the *Pericardium*, there flowed from it about a Pint of inodorous yellowish *Pus*; then appeared the Heart, but so spongy in all its Surface, and so covered with the Lees of the *Pus*, that I did not at first Sight know it, particularly because it on all Sides adhered to the *Pericardium* by a great Number of membranous Productions or Strings, which quite disfigured it. The interior Surface of the *Pericardium* was in the same State, nor was the *Mediastinum*, which also contained its Quantity of *Pus*, in a different Condition. In the Right Side of the *Thorax*, under the *Clavicle*, was a purulent Bag, of the Bigness of an Egg, between the *Pleura* and Intercostal Muscles. The inferior Surface of the Right *Lobe* of the Lungs, with the corresponding Part of the adjacent *Pleura* and *Midriff*, formed another but a large Bag of the like purulent Matter, interiorly spongy like those above described.

Part of the inferior Border of the great and less *Lobe* of the Liver was livid, the Gall-bladder almost empty, the Spleen somewhat swelled, and almost the whole Tract of the
small

small Intestines within a short Distance of the *Cæcum* inflamed; out of the *Jejunum* I took about a Dozen of pretty large Worms.

I examined the Heart and *Pericardium*, after two Days Maceration in Water, the interior Membrane of the latter appeared cellular, and with the Lees of the *Pus* looked perfectly like the *Membrana adiposa* of a well-fed Person. Between the two *Laminæ* of the *Pericardium* I observed a red flesh-like Substance of the Thickness of one Line. Whether these were muscular Fibres, I will not pretend to determine. The Inflammation did not reach the Substance of the Heart, and was confined to its exterior Coat. In the Right Ventricle was a small *polypous* Substance, of a pale flesh Colour and pretty solid; it adhered to the Side of the Ventricle below the venal Valves by some ligamentous Strings which it projected into the Flesh, and thence was stretched out into the *Auricula*, in the Centre of which it was fixed by a ligamentous String, which ran through it from one Side of the *Auricula* to the other.

In the History of this Dissection are some Causes, to which the Intermiſſion of the Pulse may probably be attributed, and which thereby may tend to diminish the Weight of the foregoing Observation in the *Solanian* way. But this is to be left to the Judgment of the

Reader, after a prudent Consideration of the whole Case, and of other correlative Facts with regard to the Connexion observed between the *Intermitting Pulse* and a *Looseness, Gripes, &c.*

From this Observation I beg Leave to make the cursory Remark, that it is very manifest with what Briskness and Vigour the Progress of internal Inflammations is to be opposed, and of consequence how greatly the Event of Acute inflammatory Fevers depends on the Method made use of *in their very Beginning*; for when the Inflammation rises to a certain Pitch, not all the Power of Medicine can prevent a Suppuration, or the combined Knowledge of the whole Faculty answer for the Consequences of this when once formed.

OBSERVATION II.

January the 20th, 1738, in the Afternoon, Manuel Carrera had a *slight and shifting Intermission* in the Pulse. He was then troubled with a great Eruption of Wind by the Anus, and in the Night had two very windy Stools. I felt his Pulse the Morning before, and the two Days following; but could observe no *Intermission*, nor did the Patient then complain of any Disorder of the Belly.

OBSER-

OBSERVATION III.

January the 29th, 1738, a little *Galician* Boy had a constant *Intermission in the Pulse at every third and fourth Diastole*. From thence till the next Evening at my Return he had five loose Stools. Then I observed the *Intermission less frequent, and shifting*; and the Morning after, he quitted the Hospital.

OBSERVATION IV.

The 30th of *January*, 1738, I observed in a Patient, whose Name I then neglected to write down, a *slight shifting Intermission in the Pulse* for a little while; whereon I asked him, if he had a Looseness. He told me he had that Day had *two Stools*, and at the Time he was speaking to me, felt a *great Rumbling in the Intestines*: this continued the following Night, in which he had *another Stool*.

I did not observe any *Intermission* in his Pulse, either before or after the Time now mentioned, *viz.* the 30th in the Evening.

OBSERVATION V.

The 22d of *February*, 1738, I observed towards Evening, in *Michael Emes*, an *English* Sailor, who was sick in the same Ho-

spital with the above-mentioned Patients, a *shifting Intermision in the Right Pulse*, recurring at the *fourth, fifth, and seventh Pulsations*; it *disappeared* sometimes by long Intervals, and then *returned as before*. The next Morning the *Intermision* was much more *slight, and less frequent*. The Patient had *three loose Stools* since the 22d at Mid-day, and at Night a *Rumbling in the Intestines*.

OBSERVATION VI.

October the 14th, 1737, when I was in *Antequera, Don Pablo de Castilla*, a Boy of 11 Years old, and Nephew to my above-mentioned Friend *Don Juan de Pedraza y Castilla*, after an Excess in eating Fruit, fell sick of a *Quartan Ague*.

At Nine o'Clock next Morning, *Don Juan de Pedraza* observed the Pulse to *intermit for the Space of a common Diastole after every Pulsation*, and sent to give me Notice of it. I visited the Patient at Ten, and he had in the mean time *four Stools*. I then found the *Intermision less frequent and decreasing*, and it continued *irregular and shifting* all the rest of the Day. From 10 to 12, he had *three ineffectual Urgings to Stool*.

The

The Pulse continued in much the same *irregular State* for the three Days following, with a *slight Looseness*, and *Efforts to go to Stool*, *Wind*, and *Rumbling in the Guts by Intervals*. The Patient was purged the 4th Day, and vomited a *Worm* five Inches long. The *Intermissions and Stools* became thereon yet *less frequent*, and without any *Efforts*, *Wind*, or *Rumbling in the Intestines*, till the 22d of October in the Evening; then the *Intermission* regularly recurred at one or other of the following *Periods of Pulsation*, and moved for some time in the same Period, before it passed into another. These Periods were *every second, third, fifth, eighth, tenth or eleventh Diastole*. On this greater *Regularity of the Intermission*, tho' not such as is required by Dr. Solano's Rules, I ventured to prognosticate a *Diarrhæa*, and accordingly in the Course of the Night the Patient had *three or four Stools*.

The *Intermission* became again *less frequent*, and *shifting*, and the Belly more tight, till both the one and the other came gradually to the natural State.

OBSERVATION VII.

*Communicated in a Letter from my Friend
Don Juan de Pedraza y Castilla.*

Last Week visiting a Patient with Dr. *Don Antonio Alvarez*, we found her in an Acute Fever, with an *intermitting Pulse* in the Degree which denotes a *Diarrhæa* within the Space of 24 Hours. The Doctor was for Bleeding the Patient, but deferred this Remedy in Expectation of the *Diarrhæa*. The next Day we were surprised to find the *Intermitting Pulse* had disappeared, and ourselves disappointed in our Hopes of the *Diarrhæa*. On examining the Patient, she told us, that since our last Visit, her *Menstrua* broke out, and still continued. We reasoned variously on this Accident, but prescribed no Remedies under so critical Circumstances. After two Days the *Intermission* returned, and was followed by six or seven Stools.

This Case seems to me very singular. When you give me your Opinion of it, I shall send you an exact Detail of all the Circumstances with which it was attended; for I expect

expect to be then more at Leisure, than my Occupations now admit, &c.

Antequera, April the 2d, 1738.

Don Juan de Pedraza y Castilla.

OBSERVATION VIII.

My Friend *Don Christoval Solano*, soon after his Father's Death, communicated to me an Observation exactly like the foregoing one, in all its essential Circumstances. *The Intermitting Pulse* appeared in an Acute Fever after two Blood-lettings and a Purge; it ceased on the Eruption of the Menstrua, returned when these were over, and was this last time attended with a Critical Diarrhœa*.

OBSERVATION IX.

Communicated by my Friend Don Juan de Pedraza.

Among other late Observations concerning Dr. *Solano's* Discovery, the following Case, which we have yet in our Hands, I hope will prove agreeable to you. *Pedro de Avila*, a Man of sixty Years, fell ill

* See a like Observation from Dr. *Gomez*, p. 31.

of a Double Tertian Ague attended with the *Intermitting Pulse*; but with this particular Circumstance, that it accompanied only one of the two distinct Fits this Ague was composed of, following regularly that with which it began, without ever once appearing in the other during the whole Course of the Ague.

This *Intermission of the Pulse* recurred at the third, fourth and sixth Pulsation; it was slight, and regularly brought with it a *Diarhœa*, by the means of which alone the *Paroxysm* it accompanied has almost entirely disappeared, and the other, which from the Beginning was the more violent of the two, is now very much diminished. I am, &c.

Antequera, August the 6th, 1738.

Don Juan de Pedraza y Castilla.

How regular, how steady, how striking are the Motions of Nature in these three last Observations!

OBSERVATION X.

From the same Person.

I have several other Observations to communicate to you, concerning *Critical Sweats* and *Diarrhæas* previously indicated by their respective Pulses; but must reserve them for next Opportunity. In the mean time I think proper to give you Notice, that I have observed some Cases of the *Intermitting Pulse*, in which *no Diarrhæa* appeared, but in its stead a great Tumult and Murmuring in the Belly, with an Expulsion of Wind by the Anus.

Antequera, November the 13th, 1738.

Don Juan de Pedraza y Castilla.

A GENERAL OBSERVATION.

Communicated by the same Hand.

..... We have at present in our Hands another Case of a malignant inflammatory Fever, in which appeared successively three different Crises, the one by Sweat, the other by Stool, and the third by an Hemorrhage
of

of the Nose, *each previously indicated by its respective Pulse*, and the Patient is better. Of this and other Observations I will send you an exact Detail as soon as I shall be at Leisure, &c.

Antequera, May the 21st, 1738.

Don Juan de Pedraza y Castilla.

Several Incidents which afterwards intervened, at first interrupted, and at last entirely suspended my Correspondence with this Gentleman; which is the Reason why in some of the foregoing Observations, which were occasionally communicated to me as they happened in the Hurry of Practice and different Occupations, the Names of the Patients, and other particular Circumstances of Credibility, were not properly supplied according to his and my Intention.

CHAP.

C H A P. III.

*A short Account of the first Rise of
Dr. Solano's Observations.*

HAVING hitherto given an exact and faithful Account of the most essential Things concerning Dr. *Solano's* Observations on the Pulse; confirmed and illustrated them by several new Facts never before published; having traced out some Instances of the same Kind in the *Ancients*, and alleged, in the various weighty Testimonies which concur in favour of these Observations, the strongest Proofs that can be required of their Truth and Reality; it now remains I should gratify the Reader's Curiosity with an Account of the first Rise of *Things so extraordinary*, the *most extraordinary indeed* that have been published since the Discovery of the Circulation of the Blood!

In the Year 1707, when Dr. *Solano*, then a Student in Medicine, attended the Practice †

† It is a Custom in *Spain*, that after reading Medicine, the Candidates for Doctor's Degree should attend the Practice of some Physician for two Years, without which they are not admitted. Every Physician of Repute has always a Disciple of this kind, who is called a *Practicante*, or *Pas-sante*.

of Dr. *Don Joseph Pablo*, Professor and Vice-Dean of the University of *Granada*, in the Hospitals of *San Juan de Dios*, *del Refugio* and *el Real*, he often observed the *Rebounding Pulse* in various Patients, and applied for the Reason and Significancy of it to Dr. *Pablo*, who desired him *to take no Notice of such Trifles*, which proceeded merely from *fuliginous Vapours*: Whereupon young *Solano* gave no farther Attention to this Matter, until he remarked, that the Persons who attended the Sick, in the Accounts they daily gave Dr. *Pablo* of what happened in his Absence, from time to time, made mention of *Hæmorrhages by the Nose* in the very Patients in whom he, *Solano*, had observed *the Rebounding Pulse*. This excited his Curiosity and Attention, and after a serious Reflection urged him to a more close Examination of the Matter.

The next Patient in whom he observed the *Rebounding Pulse* was a young Man of the Age of Twenty-two, in a *Burning Fever*: resolved to see what the Event would be, he privately prevented the Exhibition of the Remedies prescribed for the Patient by Dr. *Pablo*, yet was under the most violent Uneasiness of Mind from the Authority of *Avicenna*, whom he had just read, and who says, † *Pulsus Martelinus* (so

† L. 4. Fev. 2 Tract. 1. cap. 27.

he

he calls the Rebounding Pulse) *malus est*. However, encouraged by what happened to the other Patients in whom he had observed the same Pulse, he determined to trust this Case to Nature.

In these Apprehensions *young Solano* passed the whole Day, from Five o'Clock in the Morning until Six in the Evening, when *appeared an Hemorrhage by the Nose*, which, including some Intervals, lasted for the Space of an Hour and a Half; the Blood flowed moderately, and in all this Time amounted to about *Six Ounces*.

From the Beginning to the End of the Hemorrhage, *our curious Observer* did not quit the Patient's Pulse: He remarked that in Proportion as the Hemorrhage diminished, the Fulness and Frequency of the Pulse abated, and the Rebounding gradually slackened, and became almost imperceptible, but rose again and became evident some time before every Renewal of the Hemorrhage; and tho' from the Beginning of the whole Hemorrhage the Fulness and Frequency of the Pulse abated gradually, yet the Rebounding revived by Fits before every Return of the Hemorrhage, until this was entirely over. By this Crisis the Patient perfectly recovered.

A Case

A Case so extraordinary gave *young Solano* an inexpressible Pleasure and Surprize. In a few Days after, he had the Satisfaction of making a like Observation in another Patient of the Age of 40, in a Fever of the same kind, and with the same happy Success, with this Difference, *that the Hemorrhage was less than the former, and the second Stroke of the Artery weaker than the first*; from which our Observer took the first Hint of judging of the Quantity of the future Hemorrhage by the Pulse.

By a constant Application to all Cases of this kind that occurred, the *Doctor*, by degrees, improved his Observations on the *Rebounding Pulse* to that Pitch which the Reader has remarked in this Work.

The *Doctor's* Attention once fixed on the Pulse, soon opened to him a new Scene of Wonder and Satisfaction in the *Intermitting Pulse*. In the Hospital *Del Refugio* above-mentioned, was a Patient in an Acute Fever, on the *third Day* of which the *Doctor* observed the *Intermitting Pulse* to recur sometimes at *every seventh*, sometimes at *every eighth Pulsation*, which, together with the Greatness of the Distemper, according to the then established Rule of Prognostication*,

* See p. 75.

he at first judged a *mortal Sign*. But afterwards reflecting on his Observations on the *Rebounding Pulse*, he determined to watch carefully every Turn of this Case, and examine whether the *Intermitting Pulse* was attended with any Effect analogous to those he had observed consequent to the *Rebounding Pulse*. He prevented the Exhibition of the Remedies prescribed, as he had done in the former Cases: But here again recurred the Doubts and Perplexities which before tormented the *unexperienced Observer* in the first Case on Hemorrhages; they kept him on the Rack all *the third* and half of the *fourth Day*; after which the Patient, who was then afflicted with a *great Anxiety and sharp Gripping*, fell into an abundant *Diarrhæa*; the Doctor, who had Notice of it, went immediately to the Hospital, and examining the Patient's Pulse, he found the *Intermission* recurring at *every second Pulsation*; and in the Space of 12 Hours that he remained with the Patient, frequently feeling the Pulse, he observed the *Intermission* to lessen, as the *Diarrhæa* proceeded, until at last it entirely ceased, leaving the Patient free from all Complaint.

Thus did the *young Observer* daily find new Lights breaking in upon him, at once recompensing and encouraging his Diligence. He successfully pursued his Observations the

L

rest

rest of the Year 1707, but always *underhand*, to avoid the Displeasure of Dr. Pablo, a Man of a very violent Temper, for preventing the Exhibition of the Remedies he prescribed to the Patients who had the *Rebounding* and *Intermitting Pulses*; at last, in the Year 1708, the Doctor had the Satisfaction of exerting the Skill he had acquired in this way, in a public and authentic Manner.

Doctor *Don Francisco del Castillo* was taken ill in *Granada* with an Acute Fever. The Distemper was violent, and the Doctor attended by three celebrated Physicians of that City. On the *sixth Day* of the Fever, they observed the Pulse to *intermit after every second Pulsation*; whereupon they unanimously pronounced the Patient would infallibly die. Young *Solano*, who then attended his Preceptor *Dr. Pablo*, begged Leave to deliver his Sense of the Case, and told them he took the *Intermission of the Pulse for an Effort of Nature to discharge the morbid Humours by Stool*; but the young Man was quickly silenced, his Opinion was rash, and contrary to *Galen*. The Consultation broke up, prognosticating to the Family the Death of the Patient.

At Eight o'Clock the same Night, the Patient felt *most violent Pains in the Belly*, particularly above the *Pubis*, and earnestly cried out for some Remedy. A Messenger was immediately dispatched to one of the Physicians, who ordered the Belly to be anointed with *Oil of white Lillies*. The Pains nevertheless increased to such a Degree, that the Patient, in the utmost Anxiety, ran out of Bed into a Corner of the Room. All the Family, alarmed at this odd Scene, hastily flocked about him, and found that he had evacuated *a large Quantity of thick dark Urine*, and discharged *two or three Stools*; after which he returned quietly to Bed, slept the Night out soundly, and awoke free from his Fever.

The Mention of the *Diarrhæa* before it happened, particularly in Consequence of a Symptom which the Physicians declared *mortal*, did no small Honour to young *Solano*, and gained him the favour of one of these Gentlemen; but he reaped no real Benefit by it, because he was not then a Graduate Physician, and was by his narrow Circumstances obliged soon after to go and practise in *Illora*, a small neighbouring Town.

In this Town, to which he was Titular Physician, towards the End of the Year 1709, or the Beginning of 1710, he often observed *an unequal Pulse*, of which he took no great Notice, until, by the particular Diligence with which he always examined the Pulse since the above-mentioned Observations, he found it *recurring at regular Periods*, in the same manner as the *Rebounding and Intermitting Pulses* frequently did. By this time, sufficiently prepared for every Novelty that might occur in the Pulse, he carefully examined this one, and observed that it was generally attended with *Critical Sweats*, and sometimes with *a simple Moisture of the Habit*, or *cutaneous Eruptions* (these two last he does not mention in his Rules of Prognostication); and by degrees improved his Observations on this, the *Pulsus Inciduus*, as he had done those on the *Rebounding and Intermitting Pulses*.

The Doctor now became remarkable in *Illora*, for the Prediction of *Crises*; and *Francisco de Castro Palomino*, a Surgeon who lived in the same Town, desirous of knowing the Rules by which the Doctor made so many surprising Prognostications, as he had been himself Witness to, the Doctor instructed him therein, and admitted him to visit his Patients; whereby he acquired so much Experience

perience in this way, that, after Dr. *Solano* quitted *Illora*, by various happy Prognostications, he became famous in that Place, and was resorted to in all urgent Cases.

The next Person to whom the Doctor communicated his Art of Prognostication, was *Don Pedro Fermin*, who then attended his Practice in *Rute*, and often afterwards successfully foretold Crises in *Iznajar* and *Granada*, where he practised *Medicine*. To these two Gentlemen Dr. *Solano* publickly appealed, as Witnesses of the early Date of his Observations on the Pulse.

Such is the Account I had from Dr. *Solano* concerning the first Rise of his new Observations: It is in some Circumstances (foreign to the mere Medicinal Part of the Account) different from that which he published in the *Lapis Lydius*, in which he disguised so much of the Matter as might give Offence to his Preceptor Dr. *Pablo* above-mentioned.

Dr. *Solano* acknowledged himself indebted to the *Ancients* for various accessory Lights concerning the Prediction of Crises, Lights which could not be obtained by the Pulse. The Reader must have remarked, that in several Cases related in this Work, the Doctor foretold the *Crises* to an Hour, together with some of their concomi-

tant Circumstances: This at first Sight appears extremely surprising and incredible to every one who does not recollect the Observations of the *Ancients* on the Nature, Character, general Course and particular Paroxysms of Acute Fevers, and on the different Periods at which in these Fevers and Paroxysms different *Crises* commonly appear; but from a Review of these Circumstances the Wonder ceases, and it is readily conceived how a Crisis indicated by the Pulse may be determined to a particular Hour, and particular attending *Phænomena*. Thus, for Example, in an Acute Fever with regular Paroxysms, should the Pulse denote a Crisis by Sweat within the Space of twenty-four Hours, that Hour in which the *Remission* of the Paroxysm is expected, is to be determined for the Time of the Crisis, which according to the specific Nature, the Violence or Mildness of the Fever, the Strength, Constitution, Age, and various other Circumstances in the Patient, together with the Greatness of the Crisis itself, will be attended with, or free from, a *Delirium*, *Rigor*, *Anxiety*, &c. These general Hints are sufficient on a Subject which has been so minutely treated by the *Ancients*.

It may be proper here to acquaint the Reader with a Circumstance which has been omitted in the History of the *Jaundice* foretold by Dr. Solano, p. 40. The *Hardness* of
the

the *Pulsus Inciduus* there mentioned gave the Doctor to understand, that the Crisis thereby signified would not be a *Sweat*; but it is not expressed what determined him to judge it would be a *Jaundice*. This may seem a profound Mystery, that required some extraordinary Skill to penetrate into, and still possibly keeps the Reader in Suspense: it was really no more than an easy Combination of a few obvious Circumstances of the Distemper, a *Melancholia Hypochondriaca*, to which, three Days before the Crisis, supervened a *Pain and Tension in the Hypochondria*; this the Doctor judged would not terminate in a *Diarrhœa, Vomiting or Flux of Urine*, by the Pulse which denoted another kind of Crisis; and therefore fixed upon the *Jaundice* as a very natural Consequence of such a Case. Thus does a nice Attention to a few common Circumstances, collected into one *Point of View*, discover the silent Operations of Nature, and bring Things to Light which would otherwise appear above the Reach of Human Industry.

P O S T S C R I P T.

Galen, quoted by *Baglivi*, says, that an *Intermitting Pulse* after every *Pulsation* denounces present *Death*; this *Baglivi* affirms he has himself observed in *Acute Fevers*. The only Instances of an *Intermitting Pulse* to this Degree in the *Solanian* way, that I know, are the Observation of *Prosper Alpinus*, and *Obs. 6. p. 134.* already related; and it must be allowed, that in the first of these two the Patient, though she recovered by a *Crisis*, was, or appeared to be, in imminent Danger; and in the second the *Intermission* was, as far as could be observed, of so short a Duration, that it cannot be insisted on either on the one or the other Side of the Question. It is indeed proved by various Observations in this Work, that several Patients in *Acute Fevers*, with an *Intermitting Pulse* at every second and third *Pulsation*, have happily recovered: But the Event of the Case mentioned by *Baglivi* seems hitherto dangerous, if not fatal. However, the State of the Pulse may probably contribute to decide this Matter: A low weak *Intermitting Pulse*, particularly at every *Pulsation*, may be, generally speaking, a mortal Sign; and this seems to be the Case pointed at by *Dr. Solano*, in his first Proposition on the *Intermitting Pulse*, which, he

he says, *p. 5. n. 1. then only becomes a mortal Sign, when the Strength requisite to perform the Crisis thereby denoted fails: but whether the Intermitting Pulse, under this Degree of Intermifion, is a fatal Sign when strong and vigorous, with whatever has been hitherto offered, is humbly referred to the prudent Consideration and Experience of the Reader: For, I must here repeat it, my Design is principally to relate *Faëts*, to disclose a new Scene of Observation, and to excite Physicians of greater Experience and happier Opportunities than myself to a serious Examen of a Matter so extraordinary and so important.*

Fungar vice Cotis - - - - -

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